

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Somatic Symptom and Related Disorders

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: • Describe somatic symptom disorders and identify their three central features • Discuss characteristics and dynamics of specific somatic symptom disorders • Distinguish somatic symptom disorders from factitious disorders and malingering • Apply the nursing process to the care of patients with somatic symptom disorders	
Pre-Class Preparation	
Required: • ATI Ch. 20 and Ch. 12 • Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 22 p. 301-305 Additional Resources: • Varcarolis 3rd edition, Ch. 12: p. 152-165	
Learning Activities	
Classroom Activities: • Lecture and Case Study Laboratory/Clinical Activities: • Care of the patient with somatic symptom disorders in the clinical setting Out of Class Activities: • None assigned	
Evaluation Methods	
• Exams • ATI RN Mental Health Nursing Assessment • Clinical performance/evaluation	
Texas DECs	QSEN Competencies
Knowledge: II.B.1,5,7,8; II.C.1a-b; 2b, 4a,6,7; II.E.4.a & 7; Clinical Judgments & Behaviors: II.E.1; II.E.2, a.b. & c; II.E.3.b	Patient Centered Care Safety
IM Student Learning Outcomes	NCLEX Test Plan
1,3	Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment
Concepts	Faculty
Coping	Jeremy Ellis MSN, RN
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