

## Excursion Clinical Day

Instructions: MICU SICU ED CICU

0830 Meet in your assigned area.

0900-11 Obtain patient information/assessment/complete worksheet

11-1130 Prepare document

1130-1230 Lunch

1230-1430 Debrief in the IM7 classroom

The student will be able to:

1. Evaluate the patient and recommend discharge planning needs.
2. Identify interdisciplinary needs for a patient.
3. Understand case management role and the process for coordinating patient care needs at discharge.

Student Instructions:

- Do NOT print anything out of the patient's chart and DO NOT put any patient identifiers on any paperwork.
- Use the patient and chart to answer the following questions.
- Do not ask the primary nurse all of these questions.
- If you were the nurse collaborating with the charge nurse and case manager, how would you locate this information and provide care for this patient?
- You may use the case manager as a guide if available.
- Your primary source of information should be the PATIENT.
- **Students must print this worksheet and complete it at clinical. You will turn this in during post conference.**

1. What is the priority concern for your patient?
  
2. Identify 2 community resources your patient could use? Describe the organizations and cost (if any) for services.
  
3. What insurance does your patient have? Do they have supplemental coverage? What is the copay? How much does your patient spend per month on medical coverage(s)?
  
4. Are there any ethical concerns for your patient? Define a sentinel event. If you had a sentinel event, what is the process? Can you foresee potential problems?
  
5. What is the goal or outcome of the provider verses what does the patient want to achieve? Explain the communication process to the patient and to the provider.
  
6. Identify 3 risk factors that hinder your patient's health and preventative health?
  
7. Will your patient be going home with any lines or drains? If so, what will be needed to care for them at home. If you will be dc'ing the line or drain; identify any considerations, you must adhere to before discharge? (example: dc'ing a foley, CVL, etc)
  
8. Identify signs and symptoms that may indicate a need for a referral for a specialist? Who would you consult? Identify at least 2 other disciplines. What do they provide?

9. Did you find any discrepancies (communication or lack of) in the charting? (Example: allergies, history, etc)
  
10. What has happened the past 24 hours with your patient? (You can ask the nurse about any updates)
  
11. List the patients admitting diagnosis and past medical history? What brought the patient into the hospital (chief concern)?
  
12. What would you do for your patient if you were the primary nurse? What other medications would you recommend or discontinue that may benefit your patient?
  
13. Does the patient have any family support? If so, who? How do they assist the patient?
  
14. Identify at least 3 medications related to your patient's diagnosis that they will continue at home. Include the indication, side effects (max of 3), patient teaching, and any lab considerations. What is the cost for a 1-month supply with and without insurance, and is this feasible for the patient? Identify any resources the patient could use to aid in compliance. (Call CVS, Walgreens, United pharmacy, etc)
  
15. What is your patient's diet? What does your patient eat at home? Devise a realistic meal plan for one day for your patient based on their diagnosis and economic status.

16. Are there any mental or physical disease processes for your patient? If so, how are they managed? (Ex: Do they have a cardiologist? Are they taking prescribed meds?) What other resources could you include to support your patient at home?
  
17. What preventable measures does your patient practice at home?
  
18. If your patient is non-compliant. Why?
  
19. Using Maslow's Hierarchy of Needs, where does your patient fall? Why are they at that level? (Ex: Are they homeless? Do they report not paying for meds or have a doctor because they cannot afford it?) How does knowing this help your patient?
  
20. What is your patient's spiritual preference and how can you include this in the patients plan of care?
  
21. Does your patient have any cultural considerations and how can you incorporate them in your plan of care? (diet)
  
22. What patient care could you delegate to the UAP, RT, etc? What qualifies this to be delegated?
  
23. What teaching will you include at discharge?

24. Will your patient need any additional medical equipment such as mobility devices? How will you obtain these? Cost?
  
25. Where is your patient going upon discharge? If not going home, what are the options for discharge? Identify 2 options and explain what they do and if there are any requirements? (rehab, skilled nursing home, home health, another hospital, etc)

### Student Reflection

1. After completing this assignment, what will you consider incorporating into your practice?
  
2. What surprised you the most?
  
3. How did this assignment make you feel?
  
4. Is there any information you wish you would have obtained or addressed while in the hospital?