

<p style="text-align: center;"><u>Step 1 Description:</u></p> <p>Today at CPE I got through my patient situation but missed something HUGE in patient safety...Bedrails. When I first walked in, I noticed that some of the bedrails were down but thought that maybe there was an issue with the rails themselves (because I had an issue with these bedrails before), I don't know why that's what I wrote it off as, but I did. Unfortunately, the most important rail was one of the ones left down (a top rail that controls patient position/nurse call/ bed alarm/etc.) and it was blocked by an IV pole (which I now realized I should've moved). When I put the bed back down and attempted to pull the rail it had a little resistance, so I thought there was something wrong with it and left it alone, but it ended up just needing to be pulled a little harder to get "unstuck" and click into place, but I got an unmet and came back ready to tackle my red rules, 4 p's and competencies.</p>	<p style="text-align: center;"><u>Step 4 Analysis:</u></p> <p>Since bedrails have been stressed to us throughout all of nursing school and are part of the red rules, missing that step is huge. Since this particular patient was on fall precautions missing that step could've caused a serious injury to my patient and also could've jeopardized trust that the hospital has in me and my license. I should've investigated the problem further and came up with a solution to make my patient safe since that is my utmost priority.</p>
<p style="text-align: center;"><u>Step 2 Feelings:</u></p> <p>Going into this CPE I felt confident in my skills and ability to critically think, and work through my patient situation. Even though I got a unmet on the bedrails, I was proud of all the skills I got a met on, and how far I've come from allowing myself to overthink and lose track of my thoughts. I'm thankful for the feedback that the instructors gave me and for their understanding on the situation.</p>	<p style="text-align: center;"><u>Step 5 Conclusion:</u></p> <p>In conclusion, I should've let the instructors know that I was having issues with the rail, to come up with a solution. I need to get past my nervousness/pride when it comes to asking for help with issues that am having to prevent this situation from happening in the hospital and causing harm.</p>
<p style="text-align: center;"><u>Step 3 Evaluation:</u></p> <p>Although the unmet overall was disappointing I feel like it was needed to help me realize how important it is to follow up with any issues that I'm having, or state the problem I'm having so that it can be fixed. After struggling with some of my medication admin/teachings in past modules I'm proud that I finally got it down, and followed through with that how I was supposed to.</p>	<p style="text-align: center;"><u>Step 6 Action Plan:</u></p> <p>I'm going to take this situation as a learning opportunity, and always keep it in the back of my mind when existing a patient's room. I will also work on my willingness to ask questions and ask for help when I'm struggling in any future situations.</p>

