Instructional Module 4 – Adult M/S 2

Competency	Outcomes	Secondary Outcomes	Give examples of how you met each outcome
Assessment & Intervention	Implement a plan of care that integrates adult patient-related data and evidence-based practice.	- Define plan of care for specific health impairment - Identify signs/symptoms of health impairment - Select & implement proper interventions for specific health impairment - Evaluate effectiveness of interventions	1. I assessed a patient that was admitted for acute respiratory failure. His plan of care was to get his oxygen saturation above 92% without nasal cannula before discharge. 2. Me and my nurse were constantly going in there to check on him due to his oxygen fluctuating.
Communication	Communicate effectively with members of the healthcare team.	- Identify health care team members & their purpose - Interact appropriately with health care team. - Utilize proper SBAR, TEAM Steps, etc. - Evaluate outcomes of communication process	1.My nurse and I were in contact with the respiratory therapist to devise a plan for the patient to sleep comfortably. 2. Respiratory therapy taught me how to uses some of the buttons on the machine in case I needed to adjust something. He also taught me how the mask is supposed to be worn.
Critical Thinking	Apply evidence based research in nursing interventions.	- Analyze pertinent data (subjective, objective) - Identify evidence based practice (EBP) resources - Distinguish EBP nursing interventions - Apply EBP nursing interventions - Document resources & interventions	1. Evidence based practice has shown us that if the patient is not in the proper position for breathing then their oxygen saturation will be affected. I constantly went in the room to remind the patient that he needs to be in a semi-fowlers position or sitting up in a chair. 2. Evidence based practice has shown that continuous monitoring of the patient's oxygen saturation and respiratory rate will advise the nurse if the patients requires more oxygen or if there is another problem.
Caring and Human Relationships	Incorporate nursing and healthcare standards with dignity and respect when providing nursing care.	- Explain need for nursing & health care standards - Apply standards to patient care (HIPAA, QSEN, NPSG) - Communicate concerns regarding hazards/errors in patient care	1. I loved this little patient. He wasn't little at all. He suffers from morbid obesity, but he was in his early 20's so I felt like his mom, or his big sister. 2. I made a point to really listen to him and his mother because I knew that most of his issues were phycological.
Management	Recommend resources most relevant in the care of patients with health impairments.	- Assess patient needs during acute care to promote positive outcomes. - Assimilate co-morbidities into plan of care - Identify appropriate resources - Initiate discharge plan	1. The patient was having trouble adhering to the routine of wearing his CPAP machine at home. The pulmonologist wanted him to use a certain mask, but he wasn't sure if it would fit the current machine at his house. 2. The nurse and I had to figure out how to solve this problem with the doctor, respiratory therapy, and the patient.
Leadership	Participate in the development of interprofessional plans of care.	- Identify/define interprofessional plan of care - Integrate contributions of health care team to achieve goals - Implement interprofessional plan of care	1. The nurse and I participated with the respiratory therapist to achieve the oxygen saturation level that was acceptable to the patient. 2. The nurse and I made sure that the patient was set up with a dietician to talk about his emotional eating.
Teaching	Evaluate the effectiveness of teaching plans implemented during patient care.	- Identify/define teaching plan - Implement teaching plan - Identify appropriate evaluation tools - Appraise patient outcomes	1. The patient was taught about the importance of wearing his CPAP at night. 2. The patient was explained that his weight contributes to his oxygenation problems and was given resources to aid him on his road to recovery.
Knowledge Integration	Deliver effective nursing care to patients with multiple healthcare deficits.	- Identify patient health deficits - Prioritize care appropriately - Adjust plan of care based on patient need - Identify system barriers	1. This patient had multiple comorbidities. His primary problem was his respiratory status, so this is what we focused on throughout the shift. 2. I went in there multiple times to make sure he was wearing his nasal cannula, in the proper position for maximum oxygenation, and not in a dangerous position (he

		- Modify health care deficits identified	had fallen asleep several times while sitting up).