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Poverty Assignment
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Long term living and health care have effects on our society. Poor families who are not able to afford medicine can experience long-term complications. For instance, a family who cannot afford diabetic medication, can eventually have further complications such as neuropathy, necrosis, and even experience a limb loss. Cardiovascular medicine and hypertensive medicine are costly and many families would have to go without or get on the internet and search home remedies because of the costs.

Families without the means to buy food or enough food to feed their children and give them an adequate amount of nutrition can have long term effects on their health and mental health. While watching the video on PBS, I learned how much this affects a child emotionally. Having to leave their home and move into a shelter, losing their pets and belongings because the parents can't afford to survive off of low income to not even having an income, these children suffer.

Children are affected more than adults in my opinion. They have to deal with bullies, living in a shelter or even single room apartments and even are at risk for being abused. Some children don't have the opportunity to play sports and get the education they need. One of the little boys in this video felt his dreams were on a limited amount of time. He wanted to play football and felt if he didn't start playing this year, his dream was gone. Children start to lose hope and their dreams fade away.

One of the children states "If i keep missing school then i see my future poor, on the streets, in a box, asking for money and even stealing stuff from stores". That statement made me sad and felt that there needs to be more programs for low income families and better healthcare services available. Maybe there is, and that is something I as a nurse can start researching for my patients if and when I have to take care of a patient who is experiencing this

lifestyle. In my hometown, we see a lot of families who live in single home apartments or living with their grandparents due to being poor and unable to provide the necessary care needed to raise a family with all the means needed. Being a nurse and coming from this type of environment and now knowing there are resources out there to help with these families. Taking care of a poor or lower income family who can't afford medicine, health care, and education we should be sympathetic and do everything we can to help that family. Give them adequate information and resources to assist them with help. Some families don't want the help because they may feel embarrassed or don't want to feel that the parent is unable to provide and that's where a nurse should show empathy and care and assure them that we are there to help as long as they are comfortable with us.

Health clinics around the world are being offered for families with no insurance and are unable to afford doctor's visits. I would like to volunteer and be involved in one of these for my community.



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