

Covenant School of Nursing
LVN-RN Track: Course Learning Guide
Topic: Obstetric and Gynecological Care Part 2

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Incorporate key terms related to obstetrical and gynecological care into nursing practice

Complicated Pregnancies

- Analyze pre-existing medical conditions and pregnancy-related complications for their impact on the patient and the fetus(es)
- Determine the appropriate nursing care for management of complicated pregnancies

FHR Assessment

- Assess the components of fetal heart rate (FHR) patterns essential to interpretation of monitor strips
- Relate the physiology of FHR accelerations and decelerations
- Determine the nursing care correlating with FHR patterns

Intrapartum Care

- Formulate nursing care plan for the parturient based on knowledge of labor and delivery processes
- Distinguish the factors that place a woman at risk for Cesarean birth
- Summarize common complications and obstetrical emergencies during the intrapartum period and related nursing care

Postpartum Care

- Develop nursing process plan for care of the postpartum patient based on physiological change and psychosocial adaptation
- Identify nursing assessments and interventions for postpartum complications, physical and psychological

Newborn Care

- Determine the critical elements of the healthy newborn physical assessment and nursing care during the initial days of life
- Develop a plan of nursing actions that support parents to care for their newborn(s)

Postpartum Discharge

- Formulate a discharge teaching plan for the postpartum mother and newborn(s)

Pre-Class Preparation

Required:

See HESI and Other Assignments Sheet

Reading: Saunders Comprehensive Review for the NCLEX-

RN Examination, 8th ed.

- Chapter 20: Reproductive System
IV. Female Pelvis and Measurements
- Chapter 21: Prenatal Period
VIII. Maternal Risk Factors
IX. Antepartum Diagnostic Testing
- Chapter 22: Risk Conditions Related to Pregnancy
Entire Chapter
- Chapter 23: Labor and Birth
Entire Chapter
- Chapter 24: Problems with Labor and Birth
Entire Chapter
- Chapter 25: Postpartum Period
Entire Chapter
- Chapter 26: Postpartum Complications
Entire Chapter
- Chapter 27: Care of the Newborn
Entire Chapter
- Chapter 28: Maternity and Newborn Medications
Entire Chapter

Recommended:

- Davidson, M. R. (2013). Fast Facts for the Antepartum and Postpartum nurse: A nursing orientation and care guide in a nutshell.
- Davidson, M. R. (2020). Fast Facts for the neonatal nurse: A care guide for normal and high-risk neonates.

Additional Resources:

- Postpartum Assessment & Interventions (29.13 minutes)
<https://www.youtube.com/watch?v=g5kACb1it2o>
- Postpartum Hemorrhage (3.23 Minutes)
https://www.youtube.com/watch?v=F_ac-aCbEn0#action=share
- Gestational Age Assessment <https://youtu.be/satilRd4Vi8>
- Newborn Circumcision <https://youtu.be/r7T9muqv7bY>
- Preeclampsia foundation website <http://www.preeclampsia.org/>
- CDC (Centers for Disease Control and Prevention): Diabetes and Pregnancy <http://www.cdc.gov/pregnancy/diabetes.html>
- Placental Abruption <https://www.youtube.com/watch?v=Z9dBS1xLOMc>
- Placenta Previa <https://www.youtube.com/watch?v=DMCowipiXgE>

Learning Activities

Classroom Activities:

- Lecture
- Discussion

Laboratory/Clinical:

- Clinical Practice

Assignments:

- HESI & Other Assignments

Evaluation Methods

- Unit Exam

Texas DECs

Knowledge

- II. A.1a; 2a, b.,3
- II. B. 2, 4, 5, 6, 7, 8, 11, 12
- II. C. 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a
- II. E.1a, 1b, 2, 4a,4b, 5, 6b, 12, 13
- II. F. 2
- II. G. 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8

Clinical Judgments and Behaviors

- I. A.1, 2, 3a, 3b,
- I. B. 2a, 2b, 3.a, 3b, 3c, 4a, 4b, 5a, 5c, 6a, 6b, 6c
- II. A. 1, 2a, 2b, 3, 4
- II. B. 1, 2, 3a, 3b, 4, 5, 6, 7, 8, 9
- II. C. 1, 2, 3a, 4, 5, 6, 7
- II. D. 1, 2a, 2c, 2d, 3a, 3b, 3c
- II. E. 1, 2a, 2b, 2c, 3b, 4, 5a, 6a, 6c, 6d, 9, 10, 11, 12b
- II. F. 1a, 1b, 1c, 2a, 2b, 5a, 5b
- II. G. 1,2a, 2b, 3, 4, 5a, 5b, 6, 7
- II. H. 6
- III. A. 2, 3, 4, 5a
- III. B. 1, 2, 3a, 3b, 3c, 4, 5, 8, 9
- III. C. 2a, 2b
- III. D. 1, 2, 3
- III. E.1, 3
- III. F. 1
- IV. A. 1
- IV. B. 1a, 2
- IV. C. 1a, 2b
- IV. D. 1b, 3b
- IV. E. 1b, 1c, 2b, 2c, 4

QSEN Competencies

Patient Centered Care,
Teamwork & Collaboration,
Evidence Based Practice, Safety,
Informatics

IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 3, 4, 5, 6, 7, 8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development	Debbie Dutton, MSN, RNC-OB
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*Instructional Module (LVN-RN Learning Guide
OB/Gyn*

Topic:

CSON Learning Guide (adopted 5-2015 by Faculty vote) - REV 9-2016, 10-2017