

## End of Life Scenario

1. How did you feel throughout the time that you were watching the video? I found her to be very charming and articulate. She kept me interested.
2. Give a description of Claire's condition and identify the main problems that you identified? Claire had CF. She required O2, and she had apparent shortness of breath. She coughed frequently as well.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Cystic fibrosis is a chronic, progressive multisystem disease that results in abnormally thick secretions, causing obstruction of the small passageways of many organs. Her clinical manifestations were that she was very slim, she had apparent SOB and required O2. Weight loss most likely due to pancreatic enzyme deficiency resulting from duct blockage. SOB most likely due to progressive chronic obstructive lung disease.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Teach breathing exercises, administer breathing treatments, chest physiotherapy, promote high calorie, high protein meals. Administer fat soluble vitamins. O2 prn.
5. What other members of the care team should you consider important to achieving good care outcomes? Respiratory, dietician, medical, possibly a grief counselor since she knew she was terminal.
6. What financial challenges did this family face because of Claire's condition? Enormous medical bills
7. What did you learn from this experience? This young lady influenced and inspired many people. I learned a lot about CF that I wasn't aware of, since I haven't taken care of many patients with it. I only recall 1 in my nursing career.
8. How will you apply what you learned by watching this video to your clinical practice? I am more knowledgeable about CF, so if I have a patient with it, I will be prepared.
9. Are there other significant words that Claire or her mother shared that impacted or inspired you? The comment that she made to her mother about how she felt knowing she was going to die, made me cry.
10. Is there anything else you would like to include in your reflection of this experience? Every breath we get the privilege of taking, is precious.