

Covenant School of Nursing Reflective Practice

<p>Step 1 Description</p> <p>-During clinicals on Wednesday afternoon, I was able to help a nurse with wound care on a patient on South 6. It was the nurse, a classmate, patient, and myself that were all involved. My classmate was able to perform wound care on one arm while I performed wound care on the opposite arm. The nurse was present with us showing us how to do it and was making sure we were doing it correctly. We did a successful wound care on the patient and the patient was happy. I was very happy that I was able to help out and do wound care on a patient for learning and practice.</p>	<p>Step 4 Analysis</p> <p>-I was able to apply what I learned in lecture for wound care for this scenario; for example, to use NS to help get the dressing off and how to go slowly when doing so. Medlineplus.gov has recent evidence on how wound care should be performed as well including how to clean it and the treatment goals of wound care. Broader issues that can arise from this is not keeping everything clean when performing wound care which can lead to hurting the patient and can lead to infection. The sense that I can make from this situation is to do everything correctly when doing wound care and to not be careless with it. Yes, my classmate followed the same procedure details as I did like keeping everything clean and using NS for the dressing change. The impact was great because as a team we were able to do great wound care on our patient that was effective and safe.</p>
<p>Step 2 Feelings</p> <p>-At the beginning I was very happy when they had asked which nursing students wanted to help out with wound care, it was one of the many things that I had been waiting to help out with. Wound care has interested me very much especially as soon as we learned about it in lecture. I was thinking that it was a great opportunity for me to tell them that I wanted to participate. The actual even made me happy that I was able to help and do wound care, but at the same time I felt bad for the patient that he had wounds on his arms. Especially seeing the patient looked like he was in pain made me feel sad for him as well. I was happy though that the final outcome was a good outcome and the patient was happy as well that we had did wound care on him. I think that the important feeling was wanting to help a patient and having the compassion and putting myself in that patients shoes.</p>	<p>Step 5 Conclusion</p> <p>-There is nothing that I can think of that could have made the situation better or done differently because the situation went great with wound care. Also, I feel like everyone else did a great job and there is nothing else that could have made it better because it went good. What I learned about this event is that each wound care has different steps in the order on the computer and I thought that was pretty cool to have that step by step to make sure you give the best care you possibly can for your patient.</p>
<p>Step 3 Evaluation</p> <p>-What was good about this event was being able to help out and actually do wound care. The only bad part was the patient having these wounds. What was easy was that the patient was very nice and compliant with us helping him. What was difficult was trying our best to be gentle, slow, and not causing any pain to what the patient was already dealing with. What went well was the whole process was successful and we had a happy patient. Everyone on the team did a great job as well and performed the job well. I did not expect a different outcome because I expected that it was going to be successful and nothing went wrong.</p>	<p>Step 6 Action Plan</p> <p>-I think that overall this situation was a great learning experience and I loved being able to care for a patient in their time of need. I look forward to many more. The conclusion that I can draw is that it was a great learning experience. With hindsight, there is nothing that I can think of that I could have done something differently because everything went really good. I think that the lesson that I can learn from this event is how to do wound care and can apply this to future wound cares and other events as well.</p>

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