

Post-Op Pediatric Clinical Simulation: Self-Debriefing Questions

Instructions: If not attending an organized debrief, make sure you complete the self-debriefing questions to optimize your learning experience. For the purpose of the debrief, we are interested in the learning that took place in the Post-Op Pediatric Clinical Simulation. The debrief will take no more than one (1) hour to complete.

What you need: Please have your summary report with you, so you may consult it as you complete this self-debrief. By referring to your summary report, you will be able to recall some of the specific decisions you made during the simulation.

Questions:

1. What were your thoughts and feelings as you assumed the role the pediatric nurse Gabe during the simulation? Making sure that the patient was comfortable and pain free and giving instructions on how to minimize discomfort
2. Please summarize what happened during the scenario from your perspective. *10 year old male had an appendectomy and was returned to the med surg unit after recovery. Patient was assessed and reassurance was given. Monitored patients pain level and comfort and attempted to reassure mom. Over the course of the stay the patient was given verbal instructions by the nurse as to what was taking place and what the patient needed to do if his condition or pain worsened.*
3. What did you learn in relation to establishing a therapeutic nurse-client relationship with Sasha and his mom? It is important for the nurse to reassure the patient and family and attempt to answer any questions and to allow the patient and family to ask questions
4. Not everyone works their way through this scenario perfectly. What learning can you take from the incorrect decisions/responses you made? To focus on patient first and alleviate concerns by parents. Also to learn which route to take when medicating for pain. Ask questions. Knowing that certain medications contribute to different outcomes. I thought that the approach was to give a milder pain medication to see if it would alleviate pain but learned to assess pain level scale and medicate appropriately to not allow pain to be out of control.
5. What did you learn in relation to completing post-operative care for a pediatric patient? You have to listen to the patient and alleviate fears from the parents as well
6. Reflect on the following learning outcomes:
 - Complete an evidenced-based post-operative assessment of a pediatric patient.
 - Apply pain management care principles to a pediatric post-operative patient.
 - Demonstrate therapeutic communication to facilitate family-centered care.
 - Demonstrate correct drug calculations related to administering IV medications to a pediatric patient.

What were your key learning points?

7. If a similar situation arose in the future, what will you take away from this simulation to incorporate into your clinical practice? To not overthink the assessment approach. Assess the patient and determine what works for this patient. Ask questions from the family about what works for them.
8. What questions remain unanswered for you in relation to this pediatric post-operative simulation scenario? Sometimes I have the right approach but go about it in the wrong order such as medication for pain. I understand that medication is ordered for pain but sometimes I think that the medication that is not addicting should be given but have found out that pain control is harder to relieve if pain level is out of control.