

Medical Case 1: Kenneth Bronson

Guided Reflection Questions

1. How did the scenario make you feel?
 - a. Overwhelmed because of the quick allergic reaction. I wasn't sure on the first step, but after a few attempts I was able to determine the correct action.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?
 - a. He stated, "something was wrong." The patient's heart rate increased quickly and oxygen levels decreased. Patient also complained of SOB.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions.
 - a. Mild reaction: Causes more local symptoms (i.e., swelling, pruritus, watery eyes, and rhinorrhea or rash)
 - b. Moderate reaction: Can present with hives, pruritus, swelling, and SOB
 - c. Severe reaction: More life threatening reactions can occur such as throat swelling, pain, vomiting or dizziness
4. Discuss the importance of follow-up assessments post-reaction.
 - a. A follow up delayed reaction can occur and you also want to make sure treatment is effective.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?
 - a. The location should update their medical records and add the allergy to the chart and allergy bands should also be placed on the patient in the event of a future admission.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.
 - a. I would kindly let family members know that they need to step out of the room and explain what is going on to their family member. I will let them know that we have a whole team in the room with the patient and will give the care he needs. I will explain what kind of reactions are happening, and what we will be doing to reverse the reaction.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?
 - a. I will make sure to call the provider in the event of an emergency like this. I will make sure to remain with patient at all times after a fluid is being infused or any medication. I will make sure to have epinephrine at the patient bedside and will make sure keep patient elevated on the bed for breathing.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies?
 - a. Review all allergies prior to medication administration, and also verify in the patient room with the patient while at the bedside.

