

## Risk Factors

Helicobacter pylori – H. pylori, long-term use of NSAIDs  
physical stress –(physical stress alone can not cause ulcers, but when your body is impaired due to server illness/trauma, one may be more prone to develop ulcer.)

## S & S

Burning sensation between meal/  
night, pain stop if you eat or take  
antacids, the pain comes and  
goes, bloating

## Lab

Urea Breathing Test -noninvasive dx.

Bx. From stomach lining by means of EGD, CBC, Stool (for blood )

# Peptic Ulcer Disease



## Complications

Hemorrhage  
Perforation  
Gastric Outlet Obstruction

## MEDS

Antiulcer – sucralfate Proton Pump Inhibitors

-PPI

Histamine Receptor Antagonist – H2 Blocker

Antiacid

## Interventions / Teaching

Some interventions will pertain to the “why” someone has ulcer.

If H. pylori – take all antibiotics, quit smoking (delays dealing) NSAIS Abuse

Teach about medications, NG tube, NPO, IV Fluids, Vital signs