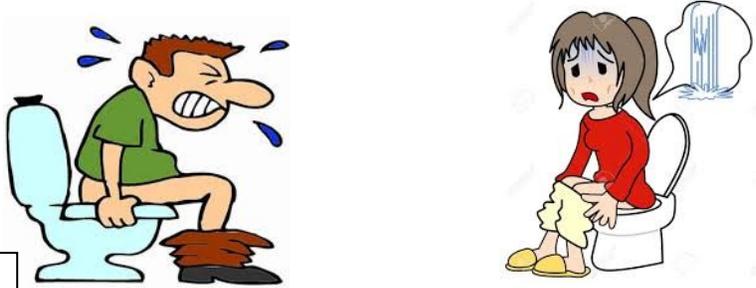


Constipation IBS Diarrhea

S & S:
Stool hard and dry

Causes:
Decrease fiber,
Drugs, stress,
anxiety, not in a
familiar place ...
lots of reasons



S & S: 3+ loose stools a day, fever, N/V,
muscle weakness

Need to get a good history: *traveled out
of country, * family members sick, *how
was food prepared, meds (antibiotics)

Dx test: X ray and Barium Enema

Causes: Viruses,
Bacterial (C. Diff),
E. Coli

Lab: Stool
Cultures,
Blood work

Interventions: protect skin, IV fluids,
meds

**Interventions/
Teaching:** Need to
get a good history to
determine to cause
of the constipation.
Increase fiber,
increase fluids,
increase activity
level, teach pt. do not
have to have BM
every day

**Irritable
Bowel
Syndrome -
IBS**

**MEDS: NEVER GIVE MEDS UNTIL
HAVE REASON DIARRHEA**

C. Diff - metronidazole and
Vancomycin

MEDS:
psyllium

Clostridium Difficile: