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### Claire with cystic fibrosis

How did you feel throughout the time that you were watching the video? She is energetic, inspiring girl full of life despite her condition. She accepts her diagnosis despite its her death sentence and live life to the fullest. Like literally there is no tomorrow.

Give a description of Claire's condition and identify the main problems that you identified? Claire has cystic fibrosis. it is a condition were the exocrine in the body does not function properly which leads to major body organs complications. The production of thick sticky mucus affects the lungs gaseous exchange, reproductive organs and skin.

Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Frequent coughing, wheezing, or bouts of pneumonia or sinusitis because mucus is a good host for bacteria and infection grows easily in there, difficulty breathing that keeps getting worse because of the thick mucus blocking the airway. Big appetite but poor weight gain because they are using so much energy to breath burning up the calories. They have bulky smelly greasy bowel movement because there are no digestive enzymes to breakdown some fats causing it to be excreted without being digested causing the fowl order.

What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Nursing intervention for patients with cystic fibrosis includes maintaining adequate

oxygenation, promoting measures to remove pulmonary secretions, emphasizing the importance of adequate fluids and dietary intake. Foods that are high in calories, high protein and well-balanced diet with multivitamins vitamin A, D, E and K. and preventing infections

What other members of the care team should you consider important to achieving good care outcomes? Respiratory therapist, nutrition, infectious control. Counselling

What financial challenges did this family face because of Claire's condition? Like any other family bills must be paid, rent, medication and treatment and because they spend several days at the hospital, they were not able to work much on the verge of losing their house. So, the parents must work.

What did you learn from this experience? That in life you think you have the worse life but there are people who got even worse. They wake up in the morning and they thank God they got to see another day. Claire have explained to us how living with a terminal disease the end of life and other people is not should feel sorry and pity for them. Instead, they should just treat them like any other regular person

How will you apply what you learned by watching this video to your clinical practice? To see the patient who have terminal diseases as regular people and on their good days help them live life to the fullest. Help them with treatment and also be their best friends, encourage them let them have the best day because tomorrow is never promised. Listen to them and if you can be able to grant them their wish will do so.

Are there other significant words that Claire or her mother shared that impacted or inspired you? "Stop pitting them and empower them" pitting those who are sick is like taking their power away