

How did you feel throughout the time that you were watching the video?

I was very intrigued by Claire's story and Claire's foundation. I have never heard of her or her foundation so I took a deep dive into the foundation and how she helped families affected by CF. She is a true inspiration to the community.

Give a description of Claire's condition and identify the main problems that you identified?

Cystic Fibrosis which is genetic disease that causes a build up of mucus and that later causes organ shut down.

Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?

CF is diagnosed prior to birth to close to it. Her clinical manifestations would include chronic cough, repeated lung infections, inability to gain weight with decreased in oxygenation.

What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs?

Nursing interventions would include patient lead care, when patients have more experience with their own care they care the best to take the lead in their own care.

What other members of the care team should you consider important to achieving good care outcomes?

I believe that a child life specialist would be in great importance to Claire in her situation. A child life specialist could help Claire with her beginnings of her foundation with information and assets to assist in the beginning.

What financial challenges did this family face because of Claire's condition?

Due to financial reasons the family had to work and were unable to be in the hospital with Claire which turned into her spending a lot of her days alone.

What did you learn from this experience?

I learned from this that to treat patients as people and not as patients that not every patient wants to feel sick and to bring the light to my patients stay in the hospital.

How will you apply what you learned by watching this video to your clinical practice?

I will apply this to my bed side manner in bringing happiness and lightness in appropriate situations.

Are there other significant words that Claire or her mother shared that impacted or inspired you?

When Claire asked her mom "how have you coped with knowing I would die one day" and her mom responded that "It has transitioned throughout your ages" I was impacted by this due to throughout the years she was able to stop worrying every second of everyday if she was going to be passing and allowing Claire to live her best life while she still could.

Is there anything else you would like to include in your reflection of this experience

When I found that she had passed I was devastated, to have so much hope of a transplant to not wake up from surgery. I can only imagine how her parents felt in this. I have been impacted in a way where I would like to completely reevaluate my bed side manner to personalize everyone experience while in the hospital.