

## SIM 1 Reflection

During the simulation I was given the patient who was post operative for a thyroidectomy. My plans for the patient were to assess the airway and make sure they were physically capable of swallowing water and pills to determine if they could in fact advance their diet. I raised the head of the bed to allow for them to swallow the pills, which at the time I had not considered was an appropriate action regarding neck surgery. My other plans were to assess post op vitals and collect labs due to several electrolyte values being out of normal range prior to surgery and because of my minimal knowledge of thyroid process I wanted to reevaluate their labs. Overall this simulation was a very effective practice we were given, as many of us have not really had to think in such capacities even in the real clinical setting. I value the advice and education that each scenario and instructor was able to provide the students, and being able to collaborate on our scenarios with other students was very helpful in building mutual trust and establishing rapport with one another.