

1. How did you feel throughout the time that you were watching the video? I was having mixed up feelings of sadness and happiness.
2. Give a description of Claire's condition and identify the main problems that you identified? She had cystic fibrosis since she was born genetically. Respiratory distress and lots of breathing treatments with medication. Shortness of breath and continuously on oxygen.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? Shortness of breath, persistent cough, and looked like she was tired. The lungs play a long role in our bodies helps keep us alive and blood flowing to the whole body and when it is congested or compromised it doesn't give out the full potential that is needed for the body to perform.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Safety with falls and medication regimen to be followed as directed by physician.
5. What other members of the care team should you consider important to achieving good care outcomes? Respiratory and nutrition is very important.
6. What financial challenges did this family face because of Claire's condition? They didn't have the money to help her get a transplant.
7. What did you learn from this experience? She motivated me to keep on going and not taking my life for granted and live today to the fullest and that God is with me no matter what comes my way.

8. How will you apply what you learned by watching this video to your clinical practice? I would apply compassion and empathy without discrimination or be judgmental. Start by being a good listener.

9. Are there other significant words that Claire or her mother shared that impacted or inspired you? Never give up because of an illness and don't feel sorry for your disability it should make u stronger to acknowledge this is just a bump and it is intended to do more in life.

10. Is there anything else you would like to include in your reflection of this experience?
Thank you for showing me this video. It is the push I needed to keep on going even when life is challenging and demands more of me.