

- How did you feel throughout the time that you were watching the video? I felt inspired and sad at the same time. Makes me proud to be a nurse and how I can help individuals like Claire and make a difference.
- Give a description of Claire's condition and identify the main problems that you identified? Claire suffered with thick sticky mucus that affected her respiratory system, she had to be on oxygen and had to wear a vest that vibrates to help break up mucus in her body. Claire was needing a lung transplant.
- Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations? The thick sticky mucus made it hard for her to breath, which causes other problems because other organs are not getting enough oxygen. She had to eat lots of food to keep her weight up, she had diabetes , caused by ck.
- What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs? Then breathing treatments are very important and the vibrating vest. Pt nutrition is very important also. Emotional support for the pt and family is very important too.
- What other members of the care team should you consider important to achieving good care outcomes? Nurses, dietary, social worker, good physician, and an emotional support team.
- What financial challenges did this family face because of Claire's condition? The family did not have enough money to get a lung transplant, the pt medical costs are high, the pt had been dealing with this since she was born, I can't imagine how much was owed from birth to 21 years old.
- What did you learn from this experience? I learned that we should not focus so much on the pt disease and make the best of what they can do, and use their disease as power instead of making them feel weak for being sick.
- How will you apply what you learned by watching this video to your clinical practice? Treat the pt like anyone else and not make them feel less than because of what they have going on, the pt doesn't want you to feel sorry for them, they want to be treated with respect and made to feel they can do whatever they want to the best of their abilities.
- Are there other significant words that Claire or her mother shared that impacted or inspired you? To enjoy life, live in the moment, don't take life for granted.

Megan Pratt

- Is there anything else you would like to include in your reflection of this experience? I really enjoyed this video, and seeing how someone can take their disease and inspire so many people is amazing.