

Covenant School of Nursing Reflective

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Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description A description of the incident, with relevant details. <u>Remember to maintain patient confidentiality.</u> Don't make judgments yet or try to draw conclusions; simply describe the events and the key players. Set the scene! It might be useful to ask yourself the following questions</p> <ul style="list-style-type: none"> • What happened? I got to witness a intermittent urinary catheter insertion on a patient • When did it happen? It happened Tuesday October 12th • Where were you? I was in a patients room with 2 nurses and 2 other students on South 6 • Who was involved? 2 travel nurses and 2 other students • What were you doing? I was there observing and there to offer any help if needed • What role did you play? I was there observing and there to offer any help if needed • What roles did others play? 1 nurse was there helping the main student and the other travel nurse and other student were there to help hold the patients legs <p>What was the result? Unfortunately it took a third person to be able to put the catheter into the patient</p>	<p>Step 4 Analysis</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge, studies or research? I can apply this by knowing that it happens and that if I feel that I am unable to do this, for me to get another nurse • What recent evidence is in the literature surrounding this situation, if any? https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3555603/ states that repeated placement of a urinary catheter can pose risks for the patient • Which theories or bodies of knowledge are relevant to the situation – and in what ways? https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3555603/ shows that there is research regarding the scenario of having to have repeated urinary catheters • What broader issues arise from this event? Possible infections, trauma, and pain for the patient • What sense can you make of the situation? That it is serious • What was really going on? The nurses should have told the charge nurse and maybe they could have gotten a different nurse to put it in and also the patient had different anatomy as well • Were other people's experiences similar or different in important ways? One of the students had the similar experience in the room <p>What is the impact of different perspectives eg. personal / patients / colleagues' perspectives? The impact was the same as mine</p>
<p>Step 2 Feelings Don't move on to analyzing these yet, simply describe them.</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? I was excited to observe a urinary catheter placement • What were you thinking at the time? That I was going to be able to learn and see • How did the event make you feel? Seeing 3 people having a hard time put a urinary catheter in was kind of nerve wrecking • What did the words or actions of others make you think? The travel nurses said that sometimes it takes a few tries before some patients can get a urinary catheter in. It kind of made me nervous • How did this make you feel? It made me kind of nervous that it can take a few tries like this event. I also feel like maybe they should have got a nurse on the unit that is very good at putting a catheter in. I also felt bad because the patient had to endure this. • How did you feel about the final outcome? I was happy they were able to put the catheter in but felt upset for the poor patient that had to endure it • What is the most important emotion or feeling you have about the incident? That it can happen to anyone and to get help if needed • Why is this the most important feeling? Because you want to be able to give your patient the best care possible 	<p>Step 5 Conclusion</p> <ul style="list-style-type: none"> • How could you have made the situation better? There is nothing I could have done to make the situation better. Unfortunately • How could others have made the situation better? Possibly letting the charge nurse know and possibly seeing if there was another nurse that is really good at getting a urinary catheter in • What could you have done differently? There is nothing that I can think of that I could have done differently. <p>What have you learned from this event? That sometimes it takes several tries to get a urinary catheter in and to contact the charge nurse to report and see if maybe there a different nurse that can help</p>

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Step 3 Evaluation

- What was good about the event? That the end result was getting a successful urinary catheter in
- What was bad? That it took 3 different times to place it in correctly
- What was easy? The patient was understanding and nice
- What was difficult? Trying to put the catheter in 3 times potentially hurting the patient
- What went well? The patient was understanding
- What did you do well? N/A. I observed and offered help just in case
- What did others do well? One of the students was comforting to the patient and very attentive to them
- Did you expect a different outcome? If so, why? I expected maybe on the first try to see a successful placement of a urinary catheter
- What went wrong, or not as expected? Why?

Seeing 3 different attempts in getting the catheter in successfully. The nurses were having a hard time finding the correct placement.

How did you contribute? By offering any help if needed

Step 6 Action Plan

- What do you think overall about this situation? That this situation can happen to any nurse. But I feel that they could have alerted the charge nurse about it
- What conclusions can you draw? How do you justify these? That it can happen to anyone
- With hindsight, would you do something differently next time and why? I would have alerted the charge nurse to see if she had any recommendations because the safety of our patients is what is very important
- How can you use the lessons learned from this event in future? This showed me that it can happen to anyone and that I should get the charge nurse or another nurse to help
- Can you apply these learnings to other events? Yes, that to get a charge nurse or another nurse to help
- What has this taught you about professional practice? about yourself? To let the charge nurse be aware because the patient's safety and well being is our priority

How will you use this experience to further improve your practice in the future? To know that this can happen to anyone and that it is okay to get help