Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
D5 1/2 NS with 20 mEq KCl 1 liter at 150 ml/hr	Isotonic ☐ Hypotonic ☐ Hypertonic ☒	Hydration and correct hypokalemia	Potassium level, BMP and CMP	Pulmonary edema, intravascular volume overload, avoid DKA, imaired heart or kidney function

Student Name: Miguel Alegre	Unit: SIM	Patient Initials: N/A	Date: 10/12/2021	Allergies: NKDA	
Generic Name	**Pharmacologic Classification**	**Therapeutic Reason**	**Dose, Route & Schedule**	**Correct Dose? If not, what is correct dose?**	**IVP – List diluent solution, volume, and rate of administration** **IVPB – List concentration and rate of administration**	**Adverse Effects**	**Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)**
(Dexamethasone) Dexasone	cocorticosteroid	Anti-inflammatory	4 mg IVP	Click here to enter text.	...ed NS 3-5 mL before and 10 mL after. Administered over at least 3 minutes	Seizures, pseudotumorcerebri, circulatory collapse, HF, thromboembolism, dysrrhythmias, pancreatitis,	1. If long-term therapy, a high protein diet may be needed 2. Bruising may occur easily 3. Do not have a vaccination, other immunization, or any skin test while taking dexamethasone unless doctor tells you may 4. It can cause an upset stomach, take medication with food or milk
(Metoclopramide) Reglan	Prokinetic agents	Antiemetic	10 mg IVP	Click here to enter text.	...ed NS 3-5 mL before and 10 mL after. Administered 1-2 minutes.	Suicidal ideation, seizures, neuroleptic malignant syndrome, TD, Neutropenia, leukopenia	1. This can make you drowsy, avoid driving, other hazardous activities until stabilized on product 2. Long-term therapy and high doses can increase risk of Tardive Dyskinesia 3. Take medication 30 minutes before each meals and at bedtime 4. The drug can be safely stopped ASAP

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(Phosphate sodium) Sodium acid phosphate	Saline laxative	Treat constipation	250/164 mg PO	Click here to enter text.		Stomach pain, nausea, bloating, arrhythmias, cardiac arrest	1. Monitor ECG changes for abnormal heart rate 2. Do not use with corticosteroid, can cause hypernatremia 3. This drug can cause kidney failure 4. Patients with hypokalemia should not take this medication
(Morphine) Roxanol	Opiod analgesic	Treat severe pain	0.5 mg IVP via PCA	Click here to enter text.	Pt controls for ___nistration	Anorexia, bradycardia, edema, pruritus, euphoria	1. Assess and monitor respirations and HR 2. Report symptoms of severe constipation 3. Call for help when getting out of bed 4. Black Box Warning: this drug can cause acute or delayed respiratory depression
Potassium Chloride	Electrolytes	Treat hypokalemia	20 mEq PO	Click here to enter text.		Upper and lower GI obstruction, bleeding, ulceration, perforation	1. Report signs of GI ulcer or arrhythmias 2. Take med with food and a glass of water 3. Limit intake of high potassium food 4. Avoid use of potassium sparing diuretics while taking this medication
(New order) Potassium Chloride	Electrolytes	Treat hypokalemia	20 meq / 100 ml IVPB	Click here to enter text.	run as secondary, rate of 20 mEq per hour, with D5 1/2 NS with 20 KCl 1L at 150 ml/hr as	Cardiac depression, dysrhytmias, arrest; peaking T	1. To add postassium-rich foods to diet: bananas, orange juice, avocados, whole grains, broccoli 2. Avoid use of potassium sparing diuretics

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					primary	waves, lowered R, depresser RST, prolonged P-R interval, widened QRS complex	while taking this medication 3. Take med with food and a glass of water 4. Report signs of GI ulcer or arrhythmias
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