

<p><u>Step 1 Description:</u></p> <p>Lindsey and I provided care to patient (SIM/Josh) admitted for hypokalemia complications, related to her lung cancer diagnosis. Patients' daughter (Jasmine) started stating concerns with her mother's vital signs and LOC, upon entering the room patient was vomiting, had abnormal vital signs, and disorientation.</p>	<p><u>Step 4 Analysis:</u></p> <p>ALWAYS CHECK INPUT AND OUTPUT! If there was any take anyways it was that. There are so many things associated or tied to fluid deficient and overload. So really watching the vital signs and constantly assessing the patients LOC is very important.</p>
<p><u>Step 2 Feelings:</u></p> <p>I felt nervous/anxious in the beginning but started settling into my role and getting more comfortable as the simulation progressed. After getting more info from the patient and daughter about the situation and doing focused assessments, we were then able to plan how to go about the patients care.</p>	<p><u>Step 5 Conclusion:</u></p> <p>Go in with a stronger understanding and confidence of exactly what other S/S are associated with hypokalemia and what interventions to put in place to treat the patient is something I will be doing from here on out, so I don't come across as anxious or confused to any of my patients in clinical and my career.</p>
<p><u>Step 3 Evaluation:</u></p> <p>I thought it was very helpful to be able to see a realistic situation and go through the nursing care process pertaining to specific diagnoses and issues. I was pleasantly surprised by some of the stuff that Lindsey and I caught and how fast we were able to respond to different responses from the patient and her daughter.</p>	<p><u>Step 6 Action Plan:</u></p> <p>I'm coming out of this simulation with a better understanding of disease processes and interventions to put in place for each of them. I will now be paying more attention to "domino effect" issues, as far as hypokalemia going hand and hand with hypovolemia, and that leading to fluid loss (dehydration), then leading to abnormal vital signs, S/S, and lab results.</p>

