

IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p><b>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference):</b>          Post-traumatic Stress Disorder (PTSD) develops when a person has been exposed to a serious situation. Condition caused debilitating symptoms that can negatively affect relationships, communication, and daily activities.          Reference: Nursing.com</p>	<p><b>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.);</b>          Environmental - Veteran</p>	<p><b>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</b>          Traumatic event*          Re-experiencing the trauma*          Avoiding things associated with the trauma, and emotional numbing*          Unable to function*          For 1 Month*          Increased Arousal*</p>
<p><b>4. Medical Diagnoses:</b>          Traumatic Brain Injury</p>		
<p><b>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</b>          CT</p>	<p><b>6. Lab Values That May Be Affected:</b>          Electrolytes</p>	<p><b>7. Current Treatment:</b>          Support groups          Medication          Meditation/mindful guidance</p>

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

<p><b>8. Focused Nursing Diagnosis:</b> Impaired role performance</p>	<p><b>12. Nursing Interventions related to the Nursing Diagnosis in #7:</b> 1. Reassure patient of safety and security by nurses' presence.</p> <p><b>Evidenced Based Practice:</b> Dissociative behaviors can be frightening. The presence of a trusted individual provides feelings of security. Reference: Essentials of Psychiatric-Mental Health Nursing Book</p> <p>2. Help the patient identify the signs and symptoms of anxiety.</p> <p><b>Evidenced Based Practice:</b> Awareness of manifestations of anxiety helps the person to recognize signs of escalating anxiety. Reference: Essentials of Psychiatric-Mental Health Nursing Book</p> <p>3. Involve the patient and support person (if patient approves) as much as possible in planning treatment.</p> <p><b>Evidenced Based Practice:</b> Increases sense of responsibility and control. Reference: Essentials of Psychiatric-Mental Health Nursing Book</p>	<p><b>13. Patient Teaching:</b> 1. Teach patient that safety is priority and discuss with them what makes them feel safe.</p> <p>2. Teach patient about support groups to allow for discussion about fears.</p> <p>3. Teach patient how to take small steps toward decision making and discuss with wife how he can help in little ways to start out.</p>
<p><b>9. Related to (r/t):</b> Concussion PTSD</p>	<p><b>10. As evidenced by (aeb):</b> Nightmares leading to lack of sleep Headache/Migraines</p>	<p><b>14. Discharge Planning/Community Resources:</b> 1. Consult for Cognitive – behavioral therapy (CBT)</p> <p>2. Provide information on local support groups involving veterans around patient's age.</p> <p>3. Consult for Milieu Therapy</p>
<p><b>11. Desired patient outcome:</b> Patient will be able to work with wife with decision making for family on a weekly basis by 11-5-2021.</p>		