

Covenant School of Nursing Reflective

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SICU Preceptorship
IM 8

<p>Step 1 Description</p> <p>In my last 5 days and 8 hours in the SICU, I have a lot of experiences and skills done and I do not really have anything special to mention. Each day with a different patient was special for me. I have observed, cared for and assessed different kinds of patients. I have dealt with different personalities of staff. This reflection will be a self evaluation for me as to how I was able to overcome my weakness and also enhance my strengths.</p>	<p>Step 4 Analysis</p> <p>I realize that as long as I focus on my strength and work on my weaknesses, I will be able to deliver the best patient care.</p>
<p>Step 2 Feelings</p> <p>Being on the SICU, I felt I grew not only as a student but as a person as well.</p>	<p>Step 5 Conclusion</p> <p>As I close on my nursing student life, I feel I am ready. This preceptorship definitely polished me. I am now more confident in my documentation, IV meds, patient assessment etc. CSON has definitely prepared me to be the best nurse that I can be.</p>
<p>Step 3 Evaluation</p> <p>As I look back on my first day of preceptorship, I think I have acquired the knowledge I expected to learn and I have definitely improved in terms of communicating effectively to my patients, the family and also the staff. I realized I have a lot of potential in terms of caring for my patient. Though I may not be very outspoken and chatty to them, I felt I can empathize and deliver quality care even without talking too much.</p>	<p>Step 6 Action Plan</p> <p>I will study and pass the boards and be the nurse CSON expects me to be.</p>

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