

Medical Case 1: Kenneth Bronson

Guided Reflection Questions

1. How did the scenario make you feel?
 - a. This scenario made me feel a little rushed to try and figure out what to do when the patient was experiencing an anaphylactic reaction. This scenario did help me prepare for what I would do if my patient in a real life situation were to have an anaphylactic reaction.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?
 - a. We were administering antibiotics, which are one of the most common drugs to cause an anaphylactic reaction. He stated that he was having a difficult time breathing. He was experiencing a fever and rash on neck.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions.
 - a. Mild anaphylactic reactions include itching, congestion, or a rash. Moderate anaphylactic reactions include trouble breathing or widespread itching. Severe anaphylactic reactions include swelling of mouth, throat, and tongue, hives, nausea and vomiting, and mental confusion.
4. Discuss the importance of follow-up assessments post-reaction.
 - a. The importance of follow up assessments post-reaction is because the patient may experience a delayed reaction.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?
 - a. The future nursing care should focus on adequate hydration and monitoring of the patient for signs and symptoms of a delayed reaction. The nurse should also address his fever that he has too. The nurse will need to provide patient education about allergies and what to do to prevent another anaphylactic reaction from occurring.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.
 - a. I would communicate with family members in a very calm voice and reassure them that we are doing everything in our power to help their loved one. I would explain to them what is happening and what we are doing to help them.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?
 - a. I would have thought in a real life situation if my patient were to have an anaphylactic reaction that I would administer epinephrine right of way.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies?

- a. This will help me prepare for clinical because I will know what interventions and medications to administer. I believe in real life that it will be more intense and panicked but I felt prepared to know what to kind of expect.