

Jenna Dixon

### Final Reflection

The fastest 120 hours! I cannot believe I am already done with my preceptorship. Looking back to my first shift and comparing it to my last, I can see how much I have grown in just 10 shifts. I have gained more confidence with my skills and my assessments. I have gotten to see good days and bad days in nursing. I have gotten to see teamwork, effective communication, and companionship on CICU. Becoming a unit of half COVID halfway through my time was eye opening to me. I cared for patients who were fighting for their life, totally dependent on healthcare workers to take care of them. I saw families crying in disbelief at the bedside as their loved one passed away, and unfortunately, I gained a lot of experience with post mortem care.

I'm so thankful that I had April as my preceptor. She is an excellent teacher and an even better nurse. She has high standards and set an amazing example of the kind of nurse that I want to become as my career begins. She was so patient with me (not gonna lie it took me probably 15 minutes to get a catheter in one of our patients) she pushed me outside my comfort zone and encouraged me the whole way through. Not only did I learn so much from her but also from several staff members on the floor. I appreciated that they would come and get me if there was a cool skill to do if I wasn't already busy. Everyone was very encouraging and answered any question I had. The coolest thing to me was that whenever we needed something, there was always someone there to help us. I am thankful for the time I spent on CICU. There was lots of learning, several laughs, and even a few tears shed as I walked out.