

**Covenant School of Nursing**  
**Instructional Module 5 Learning Guide**  
**Topic: Child and Adolescent Disorders**

**Learning Goals/Outcomes**

Upon completion of this lesson, you will be able to:

- Identify Autism Spectrum Disorder (ASD) and Attention Deficit/Hyperactivity Disorder (ADHD) when encountered in patient care.
- Compare and contrast Oppositional Defiant Disorder (ODD) with Conduct Disorder (CD).
- Discuss ACEs and their potential effect on behavior and physical and mental health.
- Differentiate between various types of eating disorders.
- Choose effective treatment for patients with eating disorders.
- Use therapeutic communication while providing nursing care to patients with eating disorders.

**Pre-Class Preparation**

Required: Hockenberry, M. J., Wilson, D. & Rodgers, C.C. (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier.

- Cognitive Impairment, pgs. 505-510.

Recommended:

- Anorexia Nervosa and Bulimia Nervosa, pgs. 460-463.
- Adverse Childhood Experiences (ACEs), pg. 469.
- Attention Deficit/Hyperactivity Disorder (ADHD), pgs. 439-441.
- Autism Spectrum Disorder (ASD), pgs. 521-524.

Additional Resources:

- HESI Clinical Skills: Skills for Nursing Collection: Mental Health Collection
- HESI Case Studies & Practice Test: Psychiatric/Mental Health

**Learning Activities**

Classroom Activities:

- Discussion: What are the different types of therapy that may be used with these disorders?
- Watch several brief clips that distinguish the different disorders.

Laboratory/Clinical Activities:

- Apply theory to the care of a child/adolescent with ASD, ADHD, ODD, CD, and eating disorders.

Online/Out of Class Activities:

- HESI Clinical Skills: Mental Health Collection: Attention Deficit Hyperactive Disorder: Adolescent Patients
- HESI Clinical Skills: Mental Health Collection: Eating Disorders
- HESI Case Studies & Practice Test: Psychiatric/Mental Health: Attention Deficit Hyperactivity Disorder (ADHD)
- HESI Case Studies & Practice Test: Psychiatric/Mental Health: Feeding and Eating Disorders

<b>Evaluation Methods</b>
<ul style="list-style-type: none"> <li>• Unit Exam</li> <li>• HESI Specialty Exam: Pediatric Nursing</li> </ul>

<b>Texas DEC's</b>	<b>QSEN Competencies</b>
Knowledge: IIB1, 3, 9; IIC 1b, 2b, 4b, 8; IIE4a, 6a. Clinical Judgment: IIB1-2; IIC1, 4; IIE1, 2b, 3b-6c, 9.	Patient-Centered Care, Evidence-Based Practice, Teamwork and Collaboration, Informatics, Safety.
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
1, 2, 5, 6, 8	Psychosocial Integrity: Behavioral Interventions, Crisis Intervention, Family Dynamics, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment. Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration.
<b>Concepts</b>	<b>Faculty</b>
Cognitive Function, Moods and Affect, Safety, Nutrition, Clinical Judgment	D'Anne White MSN, RN
<b>Date originated:</b> May, 2016	<b>Revision Dates:</b> November, 2016 July, 2016 November, 2017 May, 2018 November, 2019 July, 2020 January, 2021 July, 2021

*Instructional Module 5 Learning Guide  
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