

Medical Case 1: Kenneth Bronson

Guided Reflection Questions

1. How did the scenario make you feel? **This scenario took a while to get used to, so I was nervous at first.**
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction? **As soon as I administered a medication, he started experiencing adverse effects such as increased HR and dyspnea.**
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions. **Mild reactions would be things that are noticeable to you, but you could hide the symptoms for the most part if you wanted to. Moderate reactions would be severe enough that it would be obvious to others, and you will probably experience trouble breathing. Severe reactions are that need immediate treatment and are life-threatening. Severe symptoms can be severe anxiety, trouble breathing, being pale, diaphoresis, and hypoxia.**
4. Discuss the importance of follow-up assessment's post-reaction. **Following up to see how the patient is doing is key because it lets you know if treatment is working.**
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address? **He needs changing to his medical chart to adjust for his newfound allergy. He also needs to be weaned off the oxygen as the reaction goes down.**
6. Reflect on how you would communicate with family members in an emergency if they were present at the bedside. **I would hope to stay calm and explain everything that was happening, along with the treatment I would be giving.**
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress? **I would just make sure I am doing everything to help them breathe such as sitting the up, giving oxygen, and assessing their respiratory status.**
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies? **You want to be sure that you have certain things available at all times, and that you know where certain things are. It would be terrible to not have access or not be able to find something during an emergency.**