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IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference): Schizophrenia is defined as changes in mood, thinking and functioning that greatly impact daily life. Psychotics symptoms such as hallucinations and delusions after other present, as well as cognitive dysfunction and negative symptoms. (NIH, 2020)</p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.); Family concern/violence (P) Developmental regressions Inability to perform ADLs (P) Guilt (P) Difficulty with work relationships (P) Risk for substance use (P) Anxiety with diagnosis/coping (P) Stress with medication side effects (P)</p>	<p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</p> <p>DSM-5 criteria- must have 2 or more of the following for at least 1 month: Hallucinations (P) Delusions (P) Disorganized speech Catatonic behavior (P) Negative symptoms</p> <p>(at least 1 of the 2 must be hallucinations, delusions, disorganized speech)</p> <p>(Medscape,2020)</p>
<p>4. Medical Diagnoses:</p> <p>Recent increase in weight</p>		<p>7. Current Treatment:</p> <p>sertraline fluphenazine</p>
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</p> <p>DSM-5 criteria must be met.this criteria must be occurring for a significant period during a 1 month span.</p>	<p>6. Lab Values That May Be Affected:</p> <p>MRI/CT scans may be used to rule out other causes.</p> <p>Due to the medications used to manage it is important to watch for metabolic SE</p> <p>CBC Electrolyte and glucose levels Screenings for metabolic syndrome Lipids BMI</p>	

<p>8. Focused Nursing Diagnosis:</p> <p>Ineffective activity planning.</p> <p>(Ackley et al, 2019)</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7:</p> <ol style="list-style-type: none"> 1. Facilitate communication about fears and concerns. <p>Evidenced Based Practice: Open communication about fears and goals can assist in finding solutions.</p> <ol style="list-style-type: none"> 2. Assist home environment to promote motivation and a schedule. 	<p>13. Patient Teaching:</p> <ol style="list-style-type: none"> 1. Teach healthy dietary habits and calorie management to prevent weight gain. 2. Teach importance of medication adherence. 3. Teach sleep schedule management and healthy sleeping habits.
<p>9. Related to (r/t):</p> <p>Untreated schizophrenia diagnosis.</p>		
<p>10. As evidenced by (aeb):</p> <p>Recent psychosis and violent behavior.</p>	<p>Evidenced Based Practice: Motivation to attain goals and live a healthy lifestyle alone will keep the patient in a routine to benefit his overarching life goals.</p> <ol style="list-style-type: none"> 3. Assist patient in determining priorities and tasks for the day. 	<p>14. Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> 1. Refer to dietician for help in learning food options that suit the individual needs for nutrition.
<p>11. Desired patient outcome:</p> <p>Verbalize the need for behavior change to improve daily life functioning by discharge. 8/24/21</p>		