

Student Name: Allyson Matthews

Unit: V-SIM

Pt. Initials: LW

Date: 8-17-21

Medication Worksheet – Current Medications & PRN for Last 24 Hours

Allergies: NKA

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
D5LR@80ml/hr	Isotonic/ Hypotonic/ Hypertonic			

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List solution to dilute and rate to push. IVPB – List mL/hr and time to give	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Lorazepam	Antianxiety Benzodiazepine	2mg PO —	Anxiety ↔	Y N	/	drowsiness dry mouth dizziness	1. Causes CNS depression 2. Do NOT take w/ Alcohol 3. Report depression (worsening) 4. Do not discontinue suddenly
Buspirone	Antianxiety	7.5mg PO BID	Anxiety ↔	Y N	/	HA dizziness nausea jitteriness	1. Do not use if allergic to med. 2. Do not use within 14 days of MAOI med. 3. May cause renal problems. 4. Do not use if allergic!
				Y N			1. 2. 3. 4.
				Y N			1. 2. 3. 4.
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IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference): <i>Panic Attack</i> <i>Periods of intense fear that often occur w/out substance abuse that happen to reach a peak or climax in mere minutes.</i></p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.):</p> <ul style="list-style-type: none">• <i>Can not find medicine bundle</i>• <i>Cancer diagnosis</i>• <i>Little to no family contact/support</i>	<p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</p> <ul style="list-style-type: none">• <i>fear of dying</i>• <i>loss of control</i>• <i>pounding heart beat</i>• <i>sweating</i>• <i>shaking/tremors</i>• <i>shortness of breath</i>• <i>dizziness</i>
<p>4. Medical Diagnoses:</p> <p><i>Breast Cancer</i></p>		
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</p> <ul style="list-style-type: none">• <i>MRI</i>• <i>Biopsy</i>• <i>Mammogram</i>• <i>Ultrasound</i>	<p>6. Lab Values That May Be Affected:</p> <ul style="list-style-type: none">• <i>WBCs</i>• <i>RRV's</i>• <i>tumor markers</i>• <i>blood protein</i>	<p>7. Current Treatment:</p> <p><i>The client is currently discussing other alternative treatment plans with her provider. She would like to postpone surgical treatment. Pt. states that she "will die with out her medicine bundle."</i></p>

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<p>8. Focused Nursing Diagnosis:</p> <p><u>Anxiety</u></p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7:</p> <p>1. <u>Use therapeutic communication to converse w/ pt. + allow for pt to fully express feelings of anxiety.</u></p> <p>Evidenced Based Practice: <u>Pt. will feel safe and will be more willing to share concerns.</u></p> <p>2. <u>Use guided imagery to help calm pt.</u></p> <p>Evidenced Based Practice: <u>guided imagery can help the pt. visualize her feelings + promote a positive environment.</u></p> <p>3. <u>Encourage + guide Pt. through deep breathing exercises.</u></p> <p>Evidenced Based Practice: <u>deep breathing promotes mindfulness and can ↑ oxygen intake and ↓ BP.</u></p>	<p>13. Patient Teaching:</p> <p>1. <u>Deep breathing exercises 3X a day or when needed.</u></p> <p>2. <u>Guided imagery when feeling out of control.</u></p> <p>3. <u>Yoga to combine patterned breathing, guided imagery, + strength training.</u></p>
<p>9. Related to (r/t):</p> <p><u>losing medicine bundle</u></p>		
<p>10. As evidenced by (aeb):</p> <p><u>Pt. refusing treatment + stating that she "will die without [her] medicine bundle."</u></p>		<p>14. Discharge Planning/Community Resources:</p> <p>1. <u>Ensure transportation to any future check-ups.</u></p> <p>2. <u>Provide a list of support groups for Breast Cancer survivors.</u></p> <p>3. <u>Provide written instructions for med + anxiety skills.</u></p>
<p>11. Desired patient outcome:</p> <p><u>The patient will realize 3 coping skills to alleviate stress/ anxiety by discharge.</u></p>		