

Student Name: _____ Date: _____

IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference):</p> <p>2. Borderline personality disorder</p> <p>3. A psychologic disorder characterized by unstable moods, behavior, and relationships.</p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.);</p> <p>Substance abuse</p> <p>Alcohol abuse</p>	<p>4. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References)</p> <p>A pattern of unstable and intense interpersonal relationships characterized by alternating between extremes of idealization and devaluation</p> <p>Markedly and persistently unstable self-image or sense of self</p> <p>Recurrent suicidal behavior, gestures, or threats, or self-mutilating behavior</p> <p>inappropriate, intense anger or difficulty controlling anger</p>
<p>4. Medical Diagnoses:</p>		
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis</p> <p>The McLean Screening Instrument for Borderline Personality Disorder (MSI-BPD)</p> <p>The Personality Diagnostic Questionnaire</p> <p>The Zanarini Rating Scale</p>	<p>6. Lab Values That May Be Affected:</p>	<p>7. Current Treatment:</p> <p>Cognitive Behavior therapy</p> <p>Transference-focused psychotherapy</p>

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<p>8. Focused Nursing Diagnosis: Risk for self harm</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7: 1.provide a safe environment. Remove weapons and pills. Evidenced Based Practice: removing potentially harmful objects prevent patient from using them to harm self</p>	<p>13. Patient Teaching: 1. educate different journal methods 2. report any commanding thoughts that are telling you to harm your self or others. 3.relieve stress with exercises or engage in activities like reading</p>
<p>9. Related to (r/t): Feeling lonely and hopelessness</p>	<p>2.create a written contract that a patient will not act on thoughts of self har. Evidenced Based Practice:establishes a sense of bonding promises that the patient will not act on thought of self harm</p>	<p>14. Discharge Planning/Community Resources: 1.set up patient with a counselor who does jail visits 2. Give number to national suicide hotline number</p>
<p>10. As evidenced by (aeb): Stating “just let me die, I cant live like this, I feel alone”</p>	<p>3.introduce the patient to self journaling to express personal feelings Evidenced Based Practice: patient will acknowledge feelings and have a healthy way to express feelings that may occur</p>	<p>3.give information on grief support groups</p>
<p>11. Desired patient outcome: Patient will verbalize 3 techniques on developing copings skills to help her handle stressful situations</p>		