

Amber Bloedel

IM8, ID #126308

8/15/2021

Week Four Midterm Reflection

During my recent shifts on SICU 3, I have learned a lot. I have had to have a couple different preceptors due to scheduling issues, but I think it gave me an opportunity to see the different styles of organizing and planning for the shift. I have been able to do a lot of skills, like Foley removal, an IV start, blood draws and lots of charting. I have also been able to do sterile dressing changes and learn about the CRRT machine, ventilator settings, and ART lines. I have seen some critical trauma patients and saw the admission/stabilization process. Since I got a job as a new graduate in the ICU setting, I was excited to get some hands on experience in the ICU and really learn how I can best schedule my day around critical patients. Since I do work the nights shifts, things are a little bit slower than the day but I have found that I have some more time to dig deeper into the patients notes and learn about their pathophysiological processes in more depth. I have found it interesting to see a patients' history and critically think about how that could have led them to their current state. I have been trying to improve my documentation skills and be more confident when talking with my patients and answering family members' questions. Overall I am learning a lot and I already feel more prepared for my job as a new graduate. I look forward to the rest of my shifts and seeing what other skills I can do and what else I can learn.