

Laura Contreras

August 15, 2021

Midterm Reflection

At the beginning of this module, I was very nervous to start our preceptorship. I was scared because I was not confident in myself and my clinical practice, and I was anxious to see who I was going to be paired up with. I quickly learned that everything would be okay, and that I would love learning as much as I have in these sixty hours.

I have learned a lot through this time, but I think one of the biggest things my preceptor has taught me is to be confident in myself. I don't know everything, but that is okay. My preceptor has been a nurse for many years, and each day she learns something from me as I learn something from her. I enjoy helping each other grow, and she has helped me gain so much confidence in my skills, communication with the patients and their family members, and communication with different members of the interdisciplinary team. Never in a million years did I think I would be able to call a doctor as a student, but my preceptor has helped guide me to doing so.

At this point in my clinical time, I have been able to be on four different floors at Women's and Children's. I was nervous about being on different floors, but I have loved it and being on a different floor each time has taught me immensely. Not only have I learned to be adaptable, but I have learned to be vocal and ask questions when I am not sure about something. Throughout this time I have had the opportunity to work with NICU, Pedi, Mom and Baby, and OB ICU. Being in these different environments has taught me many skills and practices that I will be taking with me once I start practicing on my own.

Although I have made many strides in these sixty hours, I know there is still so much room to grow. I could still do better on my time management, and I still need to learn all the ins and outs of charting. I need to learn to be confident in answering patient's questions, and I also need to learn how to take authority. My preceptor has given me the opportunity to talk to the doctors, but I still need to

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work on talking to other members of the disciplinary team, and how to properly use SBAR to give an efficient report to oncoming nurses.