

Ashley Hagood

Midterm Clinical Reflection NICU

Within my first hour of my observation day in the NICU with Amanda Grassie, I knew I was paired with a nurse that I'd learn an array of invaluable information from. From the first day, I had already picked up her routine of starting the shift cleaning, checking drips, safety precautions, and recording vitals within her first hour. She would organize everything to where each item had a place and was the same for every patient she'd take care of that day. I feel this has been the most valuable routine I've observed from a nurse that consistently does it.

Another pearl of knowledge I have picked up from her is how she records report on her paper. I have also implemented this into my practice. It organizes everything onto one paper, has care times circled, the details regarding feeds, and other important information. The way she takes report is the first concept I've seen a nurse use that makes sense to me and it something I will continue to do throughout my nursing career.

Amanda is a phenomenal nurse to have as a preceptor. I truly believe she has demonstrated evidence based best practice in everything she does, even if you do not have to document it. She double checks all feeds, medications, PICC placements and so much more with other nurses. She takes the time to answer all of my questions and provides opportunities every day to practice new skills. Amanda has even asked other nurses if I could observe a procedure and join the team in going to deliver a baby, transport, and admit to the NICU.

I have grown in my assessment skills, documentation, critical thinking, time management, medication administration, IV insertion, education, and feeding skills. She even lets me practice all the double checks! I am so excited to see what else I will learn in my next 6 shifts!!