

## **Midterm Clinical Reflection**

Throughout this module, I have spent my time on South 6 for my preceptorship. I was skeptical at first because I had not been on this floor since module four and doubted my knowledge to care for this group of patients. I was also very nervous because of the lack of hospital experience I have. I wanted to make the most of my time with Lupita and learn the role of a nurse. I truly believe that Mrs. Griffin is a matchmaker because Lupita and I clicked from the moment we met each other. She is such a great nurse, and our personalities match perfectly! Lupita is someone who does not take shortcuts, documents thoroughly, and provides quality care to each of her patients.

On my first day of clinicals, Lupita wasted no time in putting me straight to work! We were going non-stop and by the end of our shift, we were worn out! By day two I had my first patient and slowly began to get familiar with Meditech and was able to practice skills such as med admin, assessments, blood draws, and IV starts. At the end of my second day, I was giving report to the oncoming nurse over my patient. At the end of each shift, Lupita and I would go over what I needed to improve on and what I did great. She would always ask me where I felt weak and areas I wanted to get better at. I mentioned to her that I had never communicated over the phone to another nurse or anyone for that matter. The next shift Lupita let me give report to another nurse over my patient who was being transferred to their facility. I have also learned how to discharge and admit patients, and plan on doing this by myself by the end of my preceptorship (with Lupita supervising of course). Although there are always areas to improve, Lupita has never made me feel not good enough. I know I can slow her down or mess up sometimes, but she has always used each opportunity to teach me and make me feel confident.

During my time on South 6, I have noticed a significant increase in my confidence level. I am so critical of myself and am afraid to make mistakes, but I have learned during my preceptorship that even experienced nurses make mistakes and it's how we choose to handle those mistakes that impact our day. One thing Lupita and I have been working on is staying on top of charting and the importance of rounding on patients every hour. She has also taught me how to be better at time management. I have learned how to prioritize patient care, give report over the phone, start IVs, and so many other skills! Lupita has also taught me how to perform surgical dressing changes, and how to request orders for our patients. I have enjoyed being with Lupita every day I am at clinicals because I am always learning something new and becoming a better nurse. One cool thing that I have noticed from Lupita is that I have not heard, "do as I say, not as I do." It seems almost every nurse I was with during clinicals had told me that because they were taking shortcuts. I have learned so much from Lupita in such a short amount of time and can't wait to see what the rest of these five shifts have in store!