Laerdal | Wolters Kluwer Health

Linda Waterfall

NLN
National League
for Nursing

Hospital surgical floor

Time: 07:00

Handoff report from the nurse leaving the shift:

Situation: Linda Waterfall is a 48-year-old patient of Dr. Samuels. She is scheduled for a left mastectomy this morning at around 08:30.

Background: Linda is a Native American woman who was diagnosed with an aggressive form of breast cancer after a biopsy just a few days ago. She told me that her family lives far away and that they wanted her to come home to meet with the tribal healers before scheduling the surgery. She did not do that and instead took the first available date for the surgery. She's been a little nervous, and while getting checked in, she mentioned that she has not been sleeping well. She shared that her mother died of complications of surgery. She also said she's worried about the cancer and very unhappy about losing her breast. Her cousin, Alice, brought her to the hospital this morning and is staying with her until she

BEST ATTEMPT

1 ❌ ⚪ ⚪
0 ❌ ❌ ⚪ ➡ **96%**
0 ❌ ❌ ❌   SCORE

Click here to see all previous attempts

HELPFUL TIPS

To end a simulation, you have to click the "End Scenario" icon at the bottom of the main screen.

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☑ Enable fullscreen mode (recommended)

[Begin Simulation]

thePoint

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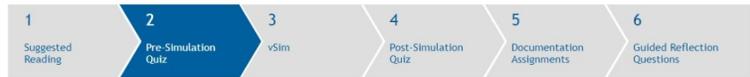
vSim for Nursing
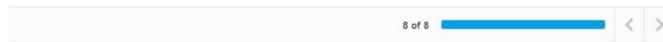vSim for Nursing | Mental Health

About This Product | vSim for Nursing

vSim for Nursing > Mental Health | Lisa Lisa Waterfall >
Post-Simulation Quiz

The workflow below is a suggested learning path. You may complete the materials more than once. However, you cannot access the post-simulation quiz, documentation assignments, and guided reflection questions until you have completed the vSim once.

| 1 Suggested Reading | 2 Pre-Simulation Quiz | 3 vSim | 4 Post-Simulation Quiz | 5 Documentation Assignment | 6 Guided Reflection Questions |

Post-Simulation Quiz

Quiz Stats

Name:	Student 9 CSOH	Quiz completed in:	2.32 mins
Date:	2021-8-5 Time: 01:09:17	Questions answered:	10
		Number correct:	10 (100%)

Answer Key

QUESTION 1: Which response by the nurse would best address Ms. Waterfall's doubts ... more
Your Response: Correct!
Correct Response: "The exercises will help you regain your sense of calmness so you can better address your health concerns."
Explanation: Stress can interfere with one's ability to think and make decisions effec... more

📄 Lippincott Advisor, Lexicomp and UpToDate Patient Handouts: Relaxation Techniques
📄 Lippincott Procedures, Relaxation and stress management techniques

QUESTION 2: Which statement made by a nurse best demonstrates an understanding ... more
Your Response: Correct!
Correct Response: "It's easy to forget, but not all members of a cultural group always think alike."
Explanation: Knowledge of expected cultural patterns provides a starting point for the... more

Videbeck, S. Psychiatric-Mental Health Nursing, 8th Edition, p. 123

QUESTION 3: Which interventions should the nurse implement initially to help establi... more
Your Response: Correct!
Correct Response: Ask open-ended questions to confirm and clarify her statements.
Actively listen to her as she describes her concerns.
Clarify understanding of her concerns.
Present reflective responses to show interest.
Explanation: To best develop a rapport with Ms. Waterfall in her emotional crisis, the... more

📄 Lippincott Advisor, Communication: Communicating with patients experiencing a crisis

QUESTION 4: Which factors should the nurse consider when determining what influen... more
Your Response: Correct!
Correct Response: Physical distance from her family
Her cultural belief in the power of a medicine bundle
Circumstances surrounding her mother's death
Her pre-existing cancer diagnosis
Explanation: A number of factors influence whether a situation will be perceived as ... more

📄 Lippincott Advisor, Communication: Communicating with patients experiencing a crisis

QUESTION 5: What is the basic foundation for the nurse's response to the high degree... more
Your Response: Correct!
Correct Response: Her feelings and beliefs should be accepted without judgement.
Explanation: Accept what the patient says without judgment. Never question or und... more

📄 Lippincott Advisor, Communication: Communicating with patients experiencing a crisis.

QUESTION 6: Which intervention best demonstrates the nurse acting as an advocate f... more
Your Response: Correct!
Correct Response: Effectively communicating to Ms. Waterfall's surgeon her wish to delay surgery
Explanation: Patient advocacy takes on several roles, but effectively communicating ... more

📄 Lippincott Advisor, Communication: Advocating for your patients

QUESTION 7: Which interventions demonstrate advocacy for Ms. Waterfall's decision ... more
Your Response: Correct!
Correct Response: Present the information to her in a clear, concise manner.
Provide all appropriate information she requests.
Make all interventions focus on Ms. Waterfall.
Explanation: To be an effective advocate, the nurse should make all interventions pa... more

📄 Lippincott Advisor, Communication: Advocating for your patients

QUESTION 8: Which signs and symptoms would indicate that Ms. Waterfall is experien... more
Your Response: Correct!
Correct Response: Substernal pain
Vomiting
Diaphoresis
Nausea
Explanation: Characteristic signs and symptoms of an MI include: persistent, crushing... more

📄 Lippincott Advisor, Signs and Symptoms: Anxiety

QUESTION 9: Which nursing intervention would be most effective for assessing Ms. W... more
Your Response: Correct!
Correct Response: Encouraging her to express her feelings and concerns
Explanation: Encouraging the patient to express her feelings and concerns freely is t... more

📄 Lippincott Advisor, Signs and Symptoms: Anxiety

QUESTION 10: Which of Ms. Waterfall's behaviors or characteristics does the Hamilton ... more
Your Response: Correct!
Correct Response: That she is pacing about the room
Her statement, "I can't breathe"
Her statement, "I feel like I'm going to die"
Explanation: The Hamilton Rating Scale for Anxiety considers respiratory symptoms... more

Videbeck, S. Psychiatric-Mental Health Nursing, 8th Edition, p. 233

[Reset Quiz]

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Pre-Simulation Quiz

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Pre-Simulation Quiz

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You have completed this review.

Select reset quiz if you would like to answer these questions again.

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