

Journal Entry

My past experiences with psych patients have always been interesting yet unforgettable. As I anticipate clinicals in the mental psych hospital during this module, I am gaining a feeling of excitement and curiosity. My past experiences with psych patients have always ended up with me with a patient diagnosed with schizophrenia. Although all experiences were nice and calm, I was always in constant fear due to the nurses stories about working with that particular patient. Working with these patients was honestly the most interesting thing that happens during clinical so I actually got excited when I received one during my assignment. I will say I previously did follow society's stigma on psych patients, but after working with a few that stigma started to diminish.

As I progressed throughout my schooling, I anticipated working in the ICU, but I always had this thought and curiosity about what it would be like to work in a psych unit. I don't have much experience at all, and I hope to receive a lot during my time in module 6. I will say, one thing that I will anticipate to learn in module 6 is all of the different types of pathology that plays into mental health. I have always felt that by learning the different environmental factors, and chemical factors, that play into developing a mental illness will help me better understand why certain behaviors are presented with different mental disorders.

I know movies, shows, and other sources of media exploit this image of people with mental disorders as being crazy, and abusive giving society a negative view on those individuals. I however know better that most of these individuals aren't even the smallest fraction of what is elicited on media. I know as I talk to my fellow classmates, many of them are scared and i'll admit I do carry a little bit of it as well, but many of them are curious to see what exactly goes on behind the scenes in the psych hospital.

As I progress throughout the module I do have some questions that I would like to see if the answer is completely different from what I thought. One question I have is what exactly does lorazepam do to calm patients, and why does it seem to be the first choice of medication? The other question I have is what exactly triggers the human mind to develop a disorder quickly that changes the individual forever? Lastly, the last question I have is why are certain disorders irreversible when technically the brain has never been damaged? All of these questions I have are ones that I have always tend to ask when taking care of a psych patient.

I recently got a job as a nurse tech on the orthopedic floor at covenant, and lately more psych patients have been getting admitted to the floor. As we increase in the number of psych patients, it'll be interesting to see clinical manifestations of different mental disorders. It'll also be cool to learn psych content and be able to make connections to what I learn to patients I take care of at the hospital. It'll be a great way of having a better understanding of what I learned in class. I know as I progress through psych clinicals, it'll be beneficial to push myself out of my comfort zone and participate as much as I can so that I can gain the experience I need to determine my views of

psych. It'll also be very interesting to see everybody's else's point of views and experiences once we complete all of the psych clinical rotations.