

## What's Your Learning Style? The Results

Laci Thomas's scores:

- Auditory: 30%
- Visual: 20%
- Tactile: 50%

You are a **Tactile** learner! Check out the information below, or [view all of the learning styles](#).

### Tactile

If you are a tactile learner, you learn by touching and doing. You understand and remember things through physical movement. You are a "hands-on" learner who prefers to touch, move, build, or draw what you learn, and you tend to learn better when some type of physical activity is involved. You need to be active and take frequent breaks, you often speak with your hands and with gestures, and you may have difficulty sitting still.

As a tactile learner, you like to take things apart and put things together, and you tend to find reasons to tinker or move around when you become bored. You may be very well coordinated and have good athletic ability. You can easily remember things that were done but may have difficulty remembering what you saw or heard in the process. You often communicate by touching, and you appreciate physically expressed forms of encouragement, such as a pat on the back.

Here are some things that tactile learners like you can do to learn better:

- Participate in activities that involve touching, building, moving, or drawing.
- Do lots of hands-on activities like completing art projects, taking walks, or acting out stories.
- It's OK to chew gum, walk around, or rock in a chair while reading or studying.
- Use flashcards and arrange them in groups to show relationships between ideas.
- Trace words with your finger to learn spelling (finger spelling).
- Take frequent breaks during reading or studying periods (frequent, but not long).
- It's OK to tap a pencil, shake your foot, or hold on to something while learning.
- Use a computer to reinforce learning through the sense of touch.

Remember that you learn best by **doing**, not just by reading, seeing, or hearing.

### You are a very good student.

Keep up the good work!

[Good Study Habits](#) ▶ [Good Grades](#) ▶ [Good Career Options](#) ▶ [Good Life!](#)

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From Stratiots

### Great Job!

Based on your responses, your study habits are already very good.

You already have great study skills, so any improvements you make will only lead to more success. Want to aim for the best study habits possible? The ultimate goal would be for all of your responses to appear in the "Already Do" column.

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From Stratiots

## Self Assessment

Below are the positive character traits that you indicated you have now or would like to have. Think about why each character trait is important and learn some ways to build a stronger character. [Start Over](#) 

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### Assertive/A Leader

If you are assertive/a leader, you like to take charge and set an example for others.

#### Questions to Think About

- What qualities do I need to be a good leader?
- How can I be assertive without being bossy?
- In what ways can I be more assertive?

#### Ways to Become Assertive/A Leader

- Leadership requires good work habits and a strong character.
- Always speak calmly and clearly.
- Be open to ideas other than yours if they help you achieve your goal.

#### Example Careers for Someone Assertive/A Leader

- Business manager
- Coach
- Labor relations specialist

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### Confident

If you are confident, you have belief in yourself and your abilities.

#### Questions to Think About

- In what areas of my life am I very confident?
- Are there any areas of my life where I lack confidence?
- How can I feel more confident in myself?

#### Ways to Become Confident

- Make a list of special skills or talents you have.
- Dismiss any self-doubt.
- Speak up for yourself.

#### Example Careers for Someone Confident

- Lawyer
- Salesperson
- Sports agent

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### Disciplined

If you are disciplined, you have self-control of your actions.

#### Questions to Think About

### **Disciplined**

If you are disciplined, you have self-control of your actions.

#### **Questions to Think About**

- Is practicing discipline difficult or easy for me?
- Should I make more of an effort to be disciplined?
- Do others think I am disciplined?

#### **Ways to Become Disciplined**

- Do the hardest step first.
- Document your actions to identify your strengths and weaknesses.
- Be patient. Good things come to those who wait.

#### **Example Careers for Someone Disciplined**

- Freelancer
- Musician
- Real estate agent

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### **Honest**

If you are honest, you tell the truth—every day of your life.

#### **Questions to Think About**

- Am I an honest person?
- Do other people consider me honest?
- Under what circumstances do I lie or distort the truth?

#### **Ways to Become Honest**

- No lying. No cheating. No stealing.
- If your honesty may hurt someone's feelings, be sure to speak with kindness.
- Being honest does not mean you need to bare your soul. It's OK to maintain privacy.

#### **Example Careers for Someone Honest**

- Bank manager
- Child care provider
- District attorney

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### **Kind/Considerate**

If you are kind/considerate, you are nice to those around you.

#### **Questions to Ask Yourself**

- Who are some of the kindest people I know?
- Do I treat others the way I want to be treated?
- How do I get people to treat me with kindness?

**Ways to Become Kind/Considerate**

- Being kind is not motivated by self-interest.
- Love people for who they are—both positive and negative.
- Be available. Make time in your life to spend with others.

**Example Careers for Someone Kind/Considerate**

- Funeral director
- Tour guide
- Veterinarian

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**Observant**

If you are observant, you know what's going on around you.

**Questions to Ask Yourself**

- How aware am I of things happening around me?
- Are there certain things that I am more in tune with than others?
- Do I think it's important to be observant?

**Ways to Become Observant**

- Start paying attention and taking mental notes.
- Look around you, not just straight ahead.
- Use all five senses—sight, hearing, taste, smell, touch.

**Example Careers for Someone Observant**

- Crime scene investigator
- Photographer
- Stockbroker

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**Resourceful**

If you are resourceful, you are able to find a way to get things done even when facing obstacles

**Questions to Ask Yourself**

- Do I think it's important to be resourceful?
- In what situations have I had to be resourceful?
- Are any of my friends resourceful people?

**Ways to Become Resourceful**

- Pinpoint the specific problem, not just the result of the problem.
- Try working through the problem backwards. Identify your goal first.
- Trial and error is sometimes the best approach.

**Example Careers for Someone Resourceful**

- Engineer

## Self Assessment

### Resourceful

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#### Example Careers for Someone Resourceful

- Engineer
- Salesperson
- Writer

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### Trustworthy

If you are trustworthy, others know they can confide in you.

#### Questions to Ask Yourself

- Who is the most trustworthy person in my life?
- In what ways do I show I am trustworthy?
- How will being trustworthy help me succeed?

#### Ways to Become Trustworthy

- Don't gossip.
- Don't over-promise on your skills or capabilities.
- Remember, once you lose trust, it is very difficult to regain.

#### Example Careers for Someone Trustworthy

- Accountant
- Health care provider
- Pastor

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