

**Covenant School of Nursing**  
**Instructional Module 4 Learning Guide**  
**Topic: Palliative Care and End of Life**

**Learning Goals/Outcomes**

**Upon completion of this lesson, you will be able to:**

- Compare and contrast the philosophy of palliative care and hospice care, including information about life-limiting illnesses that clients may have.
- Identify and discuss ethical situations related to end of life care.
- Differentiate pharmacologic/therapeutic classification, correct dosages, routes, indications, adverse reactions, appropriate nursing assessment, teaching and interventions for medications related to NSAIDS, Opioids, Antagonists, and Adjuvant Therapy.
- Determine the appropriate pain relief method: pharmacological methods and/or non-pharmacological methods.
- Explain patient rights and end of life treatment decisions including advance directives.
- Describe the clinical manifestations of impending death, pre-active phase and active phase.
- Formulate nursing and collaborative management for the dying patient and their family, including their cultural and spiritual beliefs.
- Explain the concept of psychosocial issues with end of life care.

**Pre-Class Preparation**

**Required:**

**Palliative Care, Hospice and Decision-Making**

- Read: Medical-Surgical Nursing  
Ch. 9 “Palliative Care at End of Life”

**Pain Management (Pharmacology)**

- Read: Lehne Pharmacology for Nursing Care, 10<sup>th</sup> Edition  
Chapter 28 “Opioid Analgesics, Opioid Antagonists, and Nonopioid Centrally Acting Analgesics”  
Chapter 71 “Cyclooxygenase Inhibitors: Non-steroidal Anti-Inflammatory Drugs and Acetaminophen”

**Additional Resources:**

- Texas Out of Hospital Do Not Resuscitate Program:  
<http://www.dshs.state.tx.us/emstraumasystems/dnr.shtm>
- Texas Advance Directive PDF (on LMS)
- Hospice Patient’s Rights PDF (on LMS)
- Policy and Procedure: Post Mortem Care
- Policy and Procedure: DNR, Advanced Directives, MPOA, Patient Self Determination Act

**Classroom Activities:**

- Lecture and guided outline
- Audience Response Question & Answer

**Laboratory/Clinical Activities:**

- Case Studies
- Integrate concepts of palliative care in the clinical setting

**Out of Class/Computer Assisted Activities:** Please complete prior to attending class for a better understanding of the information provided in lecture.

<ul style="list-style-type: none"> <li>• HESI: Case Study/Community Health/Hospice</li> <li>• HESI: Case Study/Fundamentals/Loss, Grief, and Death</li> </ul>	
<b>Evaluation Methods</b>	
<ul style="list-style-type: none"> <li>• Exam</li> <li>• Audience Response Questions &amp; Answers</li> </ul>	
<b>Texas DEC's</b>	<b>QSEN Competencies</b>
<p style="text-align: center;"><b>Knowledge</b></p> <p>II.A.1.a; 2a, b.,3; II.B.2, 4, 5, 6, 7, 8, 11, 12; II.C, 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a; II.E, 1a, 1b, 2, 4a,4b, 5, 6b, 12, 13; II.F, 2; IIG, 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8,</p> <p style="text-align: center;"><b>Clinical Judgments and Behaviors</b></p> <p>I.A.1, 2, 3a, 3b, B.2.a, 2.b, 3.a, 3.b, 3.c, 4.a, 4.b, 5.a, 5.c, 6.a, 6.b, 6.c; II.A, 1, 2.a, 2.b, 3, 4; II.B, 1, 2, 3.a, 3.b, 4, 5, 6, 7, 8, 9, II.C.1, 2, 3.a, 4, 5, 6, 7; II.D.1, 2.a, 2.c, 2.d, ,3.a, 3.b,3.c; II.E.1, 2.a, 2.b, 2.c, 3.b, 4, 5.a, 6.a, 6.c, 6.d, 9, 10, 11, 12.b; II.F.1.a, 1.b, 1.c, 2.a, 2.b,5.a, 5.b; II.G.1,2a, 2b, 3, 4, 5a, 5b, 6, 7; II.H.6; III.A., 2, 3, 4, 5a; III.B.1, 2, 3.a, 3.b, 3.c, 4, 5, 8, 9; III.C.2.a, 2.b, III.D.1, 2, 3; III.E.1, 3; III.F.1; IV.A.1, IV.B.1.a, 2; IV.C.1.a, 2.b; IV.D.1.b, 3.b, IV.E.1.b, 1.c, 2.b, 2.c, 4;</p>	<p>Evidence Based Practice</p> <p>Patient Centered Care</p> <p>Safety</p> <p>Teamwork &amp; Collaboration</p>
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
2, 4, 5, 6, 8	<ul style="list-style-type: none"> <li>• Safe &amp; Effective Care <ul style="list-style-type: none"> <li>○ Management of Care <ul style="list-style-type: none"> <li>▪ Advocacy, Ethical Practice</li> </ul> </li> </ul> </li> <li>• Psychosocial Integrity <ul style="list-style-type: none"> <li>○ Basic Care &amp; Comfort <ul style="list-style-type: none"> <li>▪ End of Life Care, Grief and Loss, Support Systems</li> </ul> </li> </ul> </li> <li>• Physiological Integrity <ul style="list-style-type: none"> <li>○ Pharmacological &amp; Parenteral Therapies <ul style="list-style-type: none"> <li>▪ Non-Pharmacological Comfort Intervention</li> </ul> </li> </ul> </li> <li>• Physiological Integrity <ul style="list-style-type: none"> <li>○ Physiological Adaptation <ul style="list-style-type: none"> <li>▪ Illness Management, Alterations in Body Systems</li> </ul> </li> <li>○ Physiological Integrity <ul style="list-style-type: none"> <li>▪ Pharmacological &amp; Parenteral Therapies</li> <li>▪ Pain Management</li> </ul> </li> </ul> </li> </ul>
<b>Concepts</b>	<b>Faculty</b>
Comfort, Diversity, End of Life, Ethics & Legal, Grief	<p>D Smith, MSN, RN</p> <p>N Myres, MBA, MSN, RN</p> <p>K Duriex, MSN, RN-BC</p> <p>K. Howard, FNP-BC, MSN, RN</p>

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