

Covenant School of Nursing
Instruction Module 6 Learning Guide
Topic: Personality Disorders

Learning Goals/Outcomes
<ul style="list-style-type: none">• Upon completion of this lesson, you will be able to:• Understand the concept of personality and the development of personality.• Differentiate between the ten personality disorders and the distinguishing characteristics of each.• Understand the meaning of terms commonly associated with personality disorders (examples: derealization, depersonalization, splitting, decatastrophizing).• Identify risks and safety concerns common in the person with borderline personality disorder and antisocial personality disorder.• Discuss treatment options for patients with a personality disorder including medications.• Develop a nursing plan of care for patients experiencing personality disorders.
Pre-Class Preparation
Required: <ul style="list-style-type: none">• Varcarolis, 4th ed. Ch.13: p. 168-183• HESI Comprehensive Review for the NCLEX-RN Examination• Additional Resources: NA
Learning Activities
Classroom Activities: <ul style="list-style-type: none">• Lecture and PowerPoint Presentation Laboratory and Clinical Activities: <ul style="list-style-type: none">• Care of the patient with a personality disorder in the clinical setting Online: <ul style="list-style-type: none">• See online assignments on “Instructional Module 6 Assignments and Required Work”
Evaluation Methods
<ul style="list-style-type: none">• Exams• HESI Proctored PMH Exam• Clinical performance/Evaluation

Texas DECs	QSEN Competencies
Knowledge: II.B1,5,7; II.C 6; II.E 4a, 6a, 7 Clinical Judgments & Behaviors: II. B12; II.E1; II. E.2 a, b & c, 3b;	Patient Centered Care; Teamwork & Collaboration; Safety
IM Student Learning Outcomes	NCLEX Test Plan
1-8	Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment Pharmacological & Parenteral Therapies: Adverse Effects/Contraindications/Interactions & Expected Actions/Outcomes
Concepts	Faculty
Interpersonal Relationships & Coping	Annie Harrison, MSN, RN PMH-BC
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