

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Somatic Symptom and Related Disorders

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| Learning Goals/Outcomes | |
| Upon completion of this lesson, you will be able to: <ul style="list-style-type: none"> • Describe somatic symptom disorders and identify their three central features • Discuss characteristics and dynamics of specific somatic symptom disorders • Distinguish somatic symptom disorders from factitious disorders and malingering • Apply the nursing process to the care of patients with somatic symptom disorders | |
| Pre-Class Preparation | |
| Required: <ul style="list-style-type: none"> • Varcarolis 4th edition, Ch. 12: p. 157-167 • HESI Comprehensive Review for the NCLEX-RN Examination • Additional Resources: NA | |
| Learning Activities | |
| Classroom Activities: <ul style="list-style-type: none"> • Lecture Laboratory/Clinical Activities: <ul style="list-style-type: none"> • Care of the patient with somatic symptom disorders in the clinical setting Out of Class Activities: <ul style="list-style-type: none"> • None assigned | |
| Evaluation Methods | |
| <ul style="list-style-type: none"> • Exams • HESI PMH Proctored Exam • Clinical performance/evaluation | |
| Texas DECs | QSEN Competencies |
| Knowledge: II.B.1,5,7,8; II.C.1a-b; 2b, 4a,6,7; II.E.4.a & 7; Clinical Judgments & Behaviors: II.E.1; II.E.2, a.b. & c; II.E.3.b | Patient Centered Care Safety |
| IM Student Learning Outcomes | NCLEX Test Plan |
| 1-8 | Psychosocial Integrity: Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment |
| Concepts | Faculty |
| Coping | Annie Harrison MSN, RN, PMH-BC |
| Date originated: 8/25/16 | Revision Dates: 11/28/16; 12/5/17;12/17/19; 12/3/20 7/19/21 |