

Instructional Module 8: Management/ Community Nursing Case Study Group Discussion

Group 1: _____, _____, _____.

Case Study # 1 Cultural Competent Care

Nurse Sophie is teaching a health promotion class to a group of Hispanic migrant workers. Nurse Sophie is white, and this is her first time interacting with people of Hispanic culture. Nurse Sophie speaks a little Spanish, but not enough to teach the whole class in Spanish. Most of the migrant workers speak only Spanish. Nurse Sophie understands that she needs to provide culturally competent care to make her health-promotion class most effective but is not sure where to start.

Questions:

1. What is the first step that Nurse Sophie should take to prepare for her health-promotion class?
2. What are the language barriers, specific risk factors, and traditional healing practices that Nurse Sophie must be aware of if she is successfully interact with the group of Hispanic workers?
3. How can Nurse Sophie involve the community to improve the effectiveness of her health-promotion class?