

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Electronic Fetal Monitoring

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Define key terms used in electronic fetal heart monitoring (EFM)
- Discuss the physiology principles of fetal heart rate (FHR) and uterine activity (UA)
- Discuss the advantages and limitations of each method of fetal monitoring
- Discuss the components of fetal heart rate (FHR) patterns essential to interpretation of fetal monitor strips
- Describe the specific components and intervention for the three FHR categories

Pre-Class Preparation

Required:

- Foundations of Maternal Newborn and Women's Health Nursing (7th ed.)
Chapter 14: Intrapartum Fetal Surveillance pgs.347-371
- HESI Comprehensive Review for the NCLEX-RN Examination (6th Ed.)
Ch. 6 Electronic Fetal Monitoring pp 253-258
- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete clinical skills test
Fetal Heart Rate: Interpretation

Additional Resources:

- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection – review and complete skills test
Fetal Heart Rate: Assessment via Intermittent Auscultation and Electronic Monitor
External Fetal Monitor Application
Fetal Spiral Electrode Application
Uterine Contraction: External Monitoring
Uterine Contraction: Manual Palpation
- Review Fetal Heart Monitoring website - NCC Electronic Fetal Monitoring
<https://ncc-efm.org/game/efmgame.cfm>
NCC- NICHD Definitions and Classification: Application to Electronic Fetal Monitoring Interpretation - <https://ncc-efm.org/filz/2016%20NCC%20Monograph%20Free%20Version.pdf>
- Center for Experiential Learning - Review Basic Pattern Recognition under the EFM Basic section
<http://ob-efm.com/2459.htm>

Learning Activities

Classroom Activities:

- Lecture
- Discussion
- Fetal Heart Monitor Strip Review

Laboratory/Clinical Activities:

- OB Simulation – Fetal Heart Monitoring
- Clinical & Community Rotations

Out of Class/Computer Assisted Activities:

- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection Fetal Heart Rate: Assessment via Intermittent Auscultation and Electronic Monitor - review and complete test
Fetal Heart Rate: Interpretation

Evaluation Methods

- HESI Clinical Skills Test
- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 2 Exam

Texas DECs	QSEN Competencies
Knowledge IA1c, 2, 3, IB 1a-e, 2a-b, 3, 4, 7a-c, IC 1, 3, 5a, ID 1, 3, & 4, IIA 1a, 2a-c, 3, IIB 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, &11, IIC 3, 4a-b, 5, 6, 7, 8, IID 1a-d, 2, 3a-b, 4a-c, 5a-b, IIE 1a-b, 2, 3a-b, 4a, 5, 6, 7, 8, 9, 10,11a-c,12,13, IIF 2, III A 3, 4, IIIB 1a-c, 2 IVA 1a-b, 2, 4a-b, 5a, IVB 1a-b, 2a-b, IVC 4a, IVD 1a-b, 4, Clinical Judgment IA 1, 2, 3b, IB 2a-c, 3 a-c, 4a, 5a-c, 6a-c, 7, 10 IC 1, 2, 3b, 4, 5, ID 1, 2, 3, 4, IIA 1, 2a-b, 3, & 4, IIB. 2, 3a-b, 4, 5, 6, 7, 8, IIC 1, 2, 3a, 4, 5, 7, IID. 1, 2 a-d, 3a-c, IIE. 3 a-b, 5a-b, 6a-d, 7a-b 8, 9, 10, 11, 12a- b, IIF. 1a-c, 3 a-b, 4, 5a-c, 6, IIG1, 2a-b, 3, 4, 5a-b, 6, 7, IIH 6 IIIA. 3, 4, IIIB 1, 3a-c, 5, 9 IVA 1, 2a-b, 3, IVB 1a-b, 2, 3a-b, IVC 2 a, 3a-b, IVD 3a-b, 4,	Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics
IM Student Learning Outcomes	NCLEX Test Plan
1/2/3/4/5/6/7/8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Comfort, Gas Exchange, Nutrition, Perfusion, Reproduction, Coping, Human Development	Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A
Date originated: 6/29/15	Revision Dates: 11/15/15, 5/12/16, 12/1/16, 7/14/17, 11/27/17, 5/4/18, 6/27/18, 12/4/18, 6/27/19, 12/11/19, 5/25/21

Instructional Module 6 Learning Guide

Topic: Antepartum Assessment/Testing

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.