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1. There are several barriers that impede PMH nurses to access supportive resources. Which one of the following was a specific barrier identified by the PMH nurses?

A. Limited knowledge and/or unawareness of supportive resources

B. Supportive resources located externally from the job site

C. Availability of support staff during the night shift only

D. Financial strain to acquire the necessary therapy

2. According to Taylor's theory of cognitive adaptation, in order for one to achieve quality of life after experiencing a traumatic event, they must actively engage in the readjustment process. This process consists of the following, EXCEPT:

A. Finding meaning as to why the assault happened

B. Acquiring master over the traumatic event and its adverse effects

C. Achieving overall self-enhancement

D. Confronting their perpetrator in a safe environment

3. What is the most common type of abuse experienced by PMH nurses in this article and within the United States?

A. Physical

B. Sexual

C. Verbal

D. Emotional

4. In this article, the PMH nurses revealed that the most recent episode of WPV occurred within the past:

A. 30 days

B. 60 days

C. 90 days

D. 3 months

5. Which of the following is NOT considered to be the long-term effects of WPV?

A. PTSD

B. Burn-out/compassion fatigue

C. Resiliency

D. Loss of confidence

6. What two evolving subthemes were associated with the concepts of understanding WPV and the maintenance of mental well-being?

A. Participation in legislation and other advocacy groups

B. Reframing the experience and self-reflection

C. Meditation and yoga practices

D. Researching WPV and identifying its neurological impact