Step 1 Description:

I completed my CPE in the simulation lab. I was one of the first students to go for the day. All involved were 2 professors, the simulation patient, and I. I had a scenario where I had to do a neurological assessment, hang a piggyback medication, and give a medication by mouth. During the scenario, the 2 professors were grading how I was doing. Throughout the scenario I was expected to identify myself and the patient, prioritize care and medications, and provide overall patient care for that moment in a 25-minute time limit.

Step 4 Analysis:

I was able to apply previous knowledge from clinicals in this scenario. Previously I gave Levofloxacin in clinicals, so it helped remembering what to do. Throughout the scenario they were testing us to see if we had truly learned different steps during this module. The scenario was extremely helpful to me. It allowed me to boost my confidence and trust what I have already learned throughout this module.

Step 2 Feelings:

During the preparation period I felt pretty confident because I got two medications that I felt comfortable giving. Right before starting my scenario, I was nervous. Once I walked into the room to start the scenario, I felt more comfortable and felt like it was just like being in clinicals. When the patient stated that they were in jail it caught me off guard for a second; however, I think I handled it well in the end. I am incredibly happy with the final outcome. According to the professors I did a great job. I even got a high five from one of the professors which felt fairly good and reassuring.

Step 5 Conclusion:

I could have made the situation better by going a little faster. I want to be sure to double check still, but I can trust what I am doing more and be more confident. I could have also done a little more teaching to the patient about the reason he was wearing a yellow gown or why he had yellow socks. I have learned to communicate a little more with the patient outside of only medications and assessments. I have also learned to trust myself and trust what I have been taught.

Step 3 Evaluation:

I communicated with the patient well and multitasked where I could. I was a little slow because I almost ran out of time. I did so many double and triple checks that it slowed me down. I will get faster as it becomes more of a habit, and I become more comfortable. I did well with the piggyback medication and staying calm. I think I will continue to feel more comfortable the more we are in the hospital. Overall, I think it was a good experience. The scenario made me feel more confident about my own thoughts and choices from a nursing standpoint. Soon we will be making our own decisions, so I am glad we have this opportunity each module.

Step 6 Action Plan:

Overall, I think the scenario went well. I believe it helped give me confidence while also allowing me to get some constructive criticism. Next time I will try to go a little faster but continue to keep the patient safe. I am able to apply what I learned throughout the scenario to when we go to the hospital in the future. This scenario taught me to be confident and always be willing to learn. I do not know everything yet, nor will I ever, but it helped me trust what I have learned up to this point.

Covenant School of Nursing Reflection – CPE