

## Medical Case 1: Kenneth Bronson

### Guided Reflection Questions

1. How did the scenario make you feel? At the beginning of this scenario I felt like I knew what I was doing, and then when the patient started having his reaction I felt so flustered and like I didn't know what to do.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction? The patient started to cough, stated that something was going wrong, his O2 saturation dropped a little bit, and he started to audibly wheeze.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions. Mild reaction would include something like a rash, moderate would include the rash with some respiratory distress such as wheezing, and severe reaction would include throat closing, feeling of doom, blood pressure drop, and increased heart rate.
4. Discuss the importance of follow-up assessments post-reaction. Follow up assessments are very important post reaction to make sure the interventions worked and there is a high possibility of a secondary reaction.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address? Kenneth Bronson may need to talk to someone because the situation may have been scary for him, and he will need education on the medication that caused the reaction and medications to avoid in the future.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside. I would try to remain calm and keep them calm also, if the family were not keeping calm I would kindly ask them to leave the room and explain to them that their family member would be adequately taken care of. After the fact I would explain what caused the event to happen, what to look for in case of a secondary reaction, and how to prevent this in the future.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress? The thing I would do differently would be to remain as calm as possible, but the thing I would do the same is call the doctor in a timely manner and administer the medications efficiently.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies? In order to plan ahead I could take in medications for an anaphylactic shock if it is a new medication that the patient is receiving.