

Medical Case 1: Kenneth Bronson

Guided Reflection Questions

1. How did the scenario make you feel?
 - I felt a little bit of adrenaline when the patient started to have an allergic reaction. I felt anxious and wanted to help the patient get to a stable state.
2. What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?
 - After giving the ceftriaxone he stated that it was hard to breathe and felt like his throat was closing up.
3. Discuss the differences between mild, moderate, and severe anaphylactic reactions.
 - Mild is runny nose and a skin rash which can quickly turn in to a moderate reaction including swelling of the lips, face, and eyes, with hives or welts. A severe reaction would be respiratory arrest and circulatory arrest with vomiting.
4. Discuss the importance of follow-up assessment's post-reaction.
 - It is important to stay and observe the patient after giving a drug that they have never had to monitor for anaphylaxis to make sure the patient has a patent airway because reactions can happen quickly.
5. What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?
 - From now when addressing his allergies, nurses should know that he is allergic to ceftriaxone.
6. Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.
 - I would remain calm and tell them he is having an allergic reaction; I would also talk through what interventions I am doing so the family is informed.
7. After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?
 - The first time I did the scenario I panicked and forgot to stop the ceftriaxone so it continued to run making the reaction worse. I would STOP the medication and put the patient on oxygen.
8. How could you prepare for clinical in order to plan ahead for potential patient emergencies?
 - Know s/s of allergic reaction, and how to work the pump to stop the medication that is administering.