

Covenant School of Nursing Reflective Practice

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>Today in clinical I had a nurse that I haven't worked with yet, and it went great! Not only did I get to administer more medications than I ever have in a clinical day but I also was able to start a bunch of IV infusion pumps giving patients medication intravenously. My nurse did a great job of letting me do as much clinical practice as possible and helped me through it, this was a great day + I got good practice.</p>	<p>Step 4 Analysis</p> <p>I was able to apply what I have previously learned about IV pumps and put them to practice. I was not perfect in doing this as a few steps were missed but by being able to work with an experienced nurse we took practice measures to ensure that each step was completed before exiting the room. This ensured maintaining patient safety as well as giving me much more practice.</p>
<p>Step 2 Feelings</p> <p>In the beginning, I felt nervous because I have only set up a pump with help a few times. However being with the nurse that I had, I was able to be walked through the process making certain that no errors were made. By my nurse letting me do as much as possible, I was able to obtain much more practice starting IV fluids/antibiotics than I ever previously had working with other nurses.</p>	<p>Step 5 Conclusion</p> <p>I could have made the process a little easier by setting up more deliberate practice hours to assure that I know how to set up IV pumps more efficiently. However this in clinical practice that I was able to receive today was real life and forced me to stop and think more in depth. If I were to do anything different, it would be to be better at setting up IV pumps. But overall I learned a lot from these real life situations.</p>
<p>Step 3 Evaluation</p> <p>This particular event was very beneficial to me, not only will I need this skill for various CPE demonstrations, but when I become a Nurse this skill is one of the most important skills to have and obtain because nearly every patient in the hospital setting will receive IV therapy in their stay at some point, and messing up is not an option. It went very smoothly as we did every IV admin together.</p>	<p>Step 6 Action Plan</p> <p>Overall this was my favorite clinical of the module, I feel much more confident in my skill level of IV pump-set up. I know that I didn't have any crazy scenarios about any patients, but being able to administer all of the IV fluids and antibiotics that I did today was the most beneficial part to me that I have experienced.</p>