

Jamie Mills

## Outpatient Clinical Reflection

Today I was at the outpatient clinic for clinicals. It was a very interesting day. Patients come into the outpatient clinic to get injections prescribed by the Dr. I was able to administer IM injections to some of the patients. Patients also come in to get lab work done that is ordered by physician. I was able to do blood draws on some patients. It was good practice for me. I followed the ACT nurse and was able to sit in on visits with the nurse practitioner and patient that is on the ACT program. This was a great experience. I was able to see patients with many different issues. We had one patient that did not want to leave after his appointment. During the visit, He stated that he needed meds and food. The nurse practitioner sent in the prescriptions to the pharmacy and finished up the visit. He refused to leave stating that "He admitted himself." He was also stating that he needed documents that he had sent to the clinic online. The staff stated there were no such documents, and that they needed the room for another appointment. The patient was circling in the chair repeatedly and refusing to leave. Lubbock Police Department was called and after much discussion they were able to get him to leave. This was interesting to see how staff approached

this situation. Many different staff attempting to talk to him to try to get him to go into the lobby or outside, and how it did not affect his thought process.

Overall, this was a very interesting experience. I was able to experience many different things and learn so much.