

Reflective Question Assignments.

Scenario 2: Asthma/Pneumonia

- 1) List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.
 - a. After introducing myself, hand hygiene, identifying the patient and the parent, I began with a respiratory assessment because Sabina said she couldn't breathe. Then, I assessed vitals, pain, and the IV access. Since her oxygen saturation was at a 90 and she was sitting semi fowlers and had oxygen at 2 L per nasal canula, I contacted the physician for an update. I then administered the albuterol to open her airway and educated the patient and the mom about pneumonia. After albuterol was completed, I administered Sabina's ordered medication. After medication administration, I reassessed her oxygen saturation to see if the albuterol was helping. Sabina 's oxygen saturation increased to 94. I then applied oxygen mask at 4 L and reassessed her oxygen saturation which then increased to 98%.
- 2) What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?
 - a. Pneumonia irritated Sabina's airway much more, and she was prone to have an increased number of asthma episodes. Sabina's bronchospasm could progress and become severe leading to airway resistance and obstruction.
- 3) As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?
 - a. I would educate the mom about asthma and what could trigger her attacks. I would also stress the importance of Sabina completing her course of antibiotics even if she starts feeling better. If she didn't have a pulmonologist, I would recommend her to see one. Also, remind her about the use of the inhaler to help with acute attacks.
- 4) Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?
 - a. Reflecting on Sabina's case, I would have administered the increased oxygen sooner. I would have done this to increase her oxygen saturation sooner.
- 5) Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.
 - a. Sabina had multiple disease process going on, so I think this was similar to an actual patient. This made me realize the importance of the patient history and understanding the disease process.