

## Covenant School of Nursing Reflective

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*Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.*

<p><b>Step 1 Description</b></p> <p>In clinical today, another student and I were going room to room refilling gloves and supply boxes, and we happened to enter a room to find the patient standing up next to the bed, struggling to clean up urine he had gotten on the floor. The gentleman was not a patient of my nurse or my fellow student's nurse. I asked him if he needed assistance, and at first he refused, but I gently persuaded him to allow us to help him.</p>	<p><b>Step 4 Analysis</b></p> <p>I used my knowledge of patient centered care, patient dignity, and compassionate nursing to approach and handle the situation. I also incorporated Maslow's hierarchy model of patient needs, addressing his safety first, then psychological needs. I also tried to put myself in my patient's shoes when responding to his embarrassment so that I could make him more at ease.</p>
<p><b>Step 2 Feelings</b></p> <p>I felt that the patient was embarrassed that he had urinated on the floor, and that he was having difficulty getting dressed in preparation for his upcoming discharge. I wanted to preserve his dignity as much as possible, and not make him feel awkward about the situation.</p>	<p><b>Step 5 Conclusion</b></p> <p>I learned that it takes a team effort in taking care of patients and assuring their safety and well-being, and that doing seemingly ordinary tasks is an opportunity to check in on patients.</p>
<p><b>Step 3 Evaluation</b></p> <p>The patient apologized repeatedly for making a mess and needing assistance, and I reassured him that that is what we are here for, and he need not be apologetic. I also told him that his safety was the most important thing at the moment. After a few minutes of talking with the patient while assisting him, he became more at ease. After helping him dress into his street clothes, we stayed and chatted with him for several minutes, and he seemed to really enjoy that.</p>	<p><b>Step 6 Action Plan</b></p> <p>I think that I handled the situation well, and that caring about and for people is the number one priority to a good nurse. I want to continue to keep patient compassion and care at the core of my practice once I get my license.</p>