

Covenant School of Nursing
Disciplinary Action Summary Assignment
Instructional Module 2

Student Name: Erin Roundtree Date: 5/8/21

DAS Assignment # 1 (1-4)

Name of the defendant: Krystal Lynn Cabla

License number of the defendant: 801883

Date action was taken against the license: 4/25/19

Type of action taken against the license: Enforced Suspension

Use the space below to describe the events which led to action taken against the license. If multiple charges were in play, be sure and cite them, e.g. drug diversion, HIPAA violation, abandonment, forfeiture on student loans, etc.

Defendant failed to document accurately and completely on the MAR her controlled substances and any medication that she had to waste. This was a violation of Chapter 481 (Controlled Substances Act) of the Texas Health and Safety Code. Her actions were deceptive and also placed the pharmacy in violation of the Act.

The defendant documented that she administered two tablets of Hydrocodone-Acetaminophen, but her beginning and ending count in the Pyxis showed that she took 3 tablets.

She failed to obtain or document patient's vital signs, intake and output, and Accu-checks. Her defense was that she thought the nurse aid completed these tasks. The action resulted in an incomplete medical record that could likely injure the patients.

Defendant falsified documentation in the MAR that she administered four different medications. The medications that she was supposed to administer were still in the Pyxis.

The doctor's orders for the medication advised to administer Dilaudid 0.5 mg intravenously, but the defendant administered the medication intramuscularly.

She had some recent stipulations on her license from previous warning that she was not adhering too. She did not pay a previous fine and was not taking her drug screenings. She submitted a fictitious email from the Board of Nursing to an employer, so that she could gain employment.

Use the space below to provide a description of measures you think could have prevented any action being taken against the license and/or would have prevented harm to the patient, if harm occurred.

This defendant has some issues. One thing is clear is that she is very deceptive and possibly an addict. There are things she could have done to prevent the action taken against her license, but I don't think she really cared about the patients and the consequences of her actions.

From a negligence perspective she should have double checked that all of the procedures were being performed on her patients instead of assuming they were completed. She needed more training on documenting in the MAR and in the patient's chart. She would have benefited from more instruction on the policies and procedures of wasting medication and how to read a doctor's order.

These were definitely criminal actions she took and I do not feel like any further education that the board requires of her will change her actions.

Use the space below to describe what action you think a prudent nurse would take as the first to person to discover the event described, in other words, you are the one who discovers the patient has been harmed by the nurse or you have discovered the impairment or criminal activity cited in the disciplinary action.

If I had discovered one of the nurse's mistakes I would have discussed it with the charge nurse. If the charge nurse did not take any action, I would have worked my way up the chain of command. I feel like this nurse was given way too many chances and that there may have been an issue with her management to let her get away with so much.